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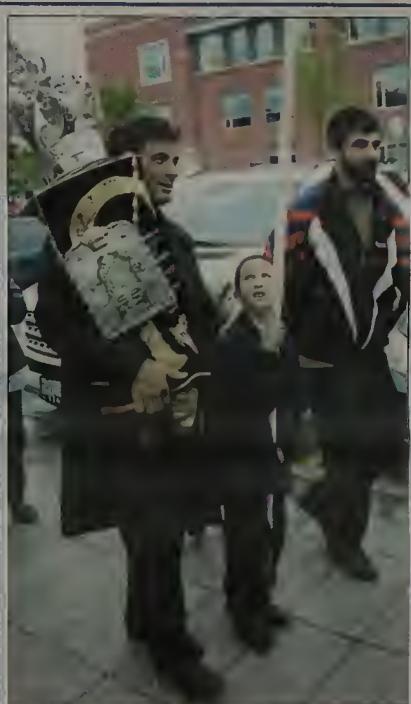
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Sefer Torah dedicated

The Kollel of Ottawa dedicated a new Sefer Torah, June 1, in honour of Herb and Dorothy Nadolny and Stephen and Jocelyn Greenberg.

The new Sefer Torah was brought to each of Ottawa's Jewish schools and every child was given the opportunity to purchase a letter in it. The final 100 letters were purchased at the dedication by people from the community before the Torah was danced, accompanied by music and torches, from the Soloway Jewish Community Centre to the Kollel at 1762 Carling Avenue.

Stephen Greenberg is pictured carrying the Sefer Torah at the beginning of the short journey from the SJCC to the Kollel.

Commentary

United States Holocaust Museum shooting: a lesson in 'tolerance'

By Rebecca Margolis

I recently returned from a seminar, *Teaching the Holocaust: Causes, Course, Consequences*, organized by the United States Holocaust Memorial Museum (USHMM) in Washington, D.C. My courses at the University of Ottawa's Vered Jewish Canadian Studies Program include enough Holocaust content that I eagerly applied for a spot in the seminar in order to better tackle the subject in the classroom.

Thrilled to be chosen, I spent the first two weeks of June with 18 other professors from a variety of disciplines discussing how to teach the Holocaust at our various campuses across the Americas. We did a vast amount of

(Continued on page 2)



Bullet holes in the entrance to the United States Holocaust Memorial Museum in Washington after the shooting there June 10.

(JTA Photo: Eric Fingerhut)

Chevra Kadisha reverses longstanding policy

By Michael Regenstreif

The Ottawa Chevra Kadisha (OCK) has reversed its longstanding policy of withholding its services, including *taharah* – the cleansing of body according to Halacha (Jewish law) – for funerals that are not held at the Jewish Community Memorial Chapel at 1771 Cuba Avenue or at graveside.

In a letter dated July 2, Sam Ages, the *gabbai rishon* (head) of the OCK, advised the Jewish Federation of Ottawa that the "policy limiting funerals to the OCK chapel and the Ottawa Jewish cemeteries is revoked."

The OCK will now also provide its services for funerals held at "any recognized Jewish synagogue in Ottawa" as

well as at Hillel Lodge or "any other place approved by the OCK."

This reversal of policy follows a long-simmering controversy that came to a head after the OCK withheld its services for the funeral of Terry Schwarzfeld when her family and clergy correctly determined that the Cuba Avenue chapel would be inadequate in accommodating the number of people expected to attend the popular Hadassah-WIZO leader's service. When the funeral was held, March 20, at Agudath Israel Congregation, it was attended by more than 800 mourners, more than double the capacity of the chapel.

The funeral for Schwarzfeld – who tragically died from injuries inflicted

during a robbery while on a family vacation in Barbados – ultimately took place without OCK services after volunteers from the community stepped forward to perform the *taharah* and a burial shroud was obtained from Paperman and Sons, the Jewish funeral home in Montreal.

The decision to reverse the policy was made at an OCK board meeting held June 25. The meeting followed a report about the controversy in the June 15 issue of the *Ottawa Jewish Bulletin*.

When Ages was interviewed by the *Bulletin* for that report on May 26, he said the OCK was considering a change in the policy, but he could not say when a decision might be made.

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Tel Aviv Foundation hard at work in education, welfare and culture

By Michael Regenstreif

Tel Aviv, Israel's major metropolis, is celebrating its centennial this year. Like many big cities in the western world, Tel Aviv is a city of great diversity whose population has been drawn from throughout the world.

Within that diversity are the stark contrasts between the rich and the poor, between opulence and poverty. It is a city with a significant population shut out of its glamorous nightlife. Of the 400,000 people who live within the Tel Aviv's city limits, 140,000 live below the poverty line.

Enter the Tel Aviv Foundation, founded 32 years ago to address gaps in education and welfare programs, to promote culture and music and to improve the quality of life in the city for everyone. Since 1977, the Tel Aviv Foundation has funded more than 400 projects to the tune of \$400 million. And every dollar raised and spent by the foundation is matched by the municipality.

Retired Admiral Abraham Ben-Shoshan, commander-in-chief of the Israeli navy from 1985 to 1989 and, later, the Israel Defense Forces military attaché at the Israeli Embassy in Washington, D.C., has been director general of the Tel Aviv Foundation since 2002. He was in Ottawa, June 10, and was interviewed during a visit to the *Bulletin* office in the company of Rachel Manelson, director of the foundation for Europe, the United Kingdom and Canada, and Marra Messinger, the Ottawa-based national executive director of the Canadian Committee for the Tel Aviv Foundation.

Ben-Shosban pointed to some of the great strides in education that the Tel Aviv Foundation has spurred. Schooling for Israeli children,

he said, is compulsory from the age of five. Crucial early childhood education, though, had only been possible for children from families that could afford it, a situation that would perpetuate the cycle of poverty. Thanks to a foundation project, early childhood education is now available to all preschool-age children in Tel Aviv.

The high school dropout rate in deprived areas of Tel Aviv has also been addressed and has fallen, over the past seven years, to seven per cent from 31.

The foundation has also been active in providing meals to impoverished children, feeding about 10,000 children per day at school.

Gifted children, Ben-Shoshan pointed out, are also being helped by Tel Aviv Foundation projects. Seven

(Continued from page 1)

years ago, he said, there were just 360 gifted students studying sciences at an advanced



Admiral Abraham Ben-Shoshan (centre) and Rachel Manelson (right) of the Tel Aviv Foundation with Marra Messinger, executive director of the Canadian Committee for the Tel Aviv Foundation.

(OJB Photo: Michael Regenstreif)

level. Today, there are 1,250 young students in Tel Aviv working with teachers from

the Weizmann Science Institute and Technion.

At the other end of the

Human equality must be entrenched in law

terrifying 20 minutes until someone knocked loudly on the door to gain entry. After a few more tense minutes, when we were able to verify that he was, in fact, an employee of the museum, we were escorted out of the building by a security officer.

Piece by piece, we learned what had happened, phoned home to assure our loved ones that we were OK, and slowly made our way back to our hotel. Our classes continued there, although most of us had trouble concentrating. We discussed what we could do for the family of Officer Stephen Tyrone Johns, the guard who had been shot, and started a collection fund.

I remembered him distinctly: he had barked at me as I tried to exit the wrong way and recalled thinking, "I'm scared, you're really big." In the end, a kind

gesture — holding the door for an elderly man with a hidden weapon — cost him his life.

Since the shooting, I have had time to think about things more clearly.

Yes, we could have been killed by a fanatic who hated everything we represented.

Yes, the marginal anti-Semitic white supremacists who pulled the trigger forms the tip of an ugly iceberg of hate.

But, for me, the lessons have been far deeper, and they centre on the notion of 'tolerance,' a term that came up repeatedly in the media responses to the shooting.

I have to admit, I have never liked the word 'tolerance.' You tolerate a bad smell, not a human being. But we don't really have a better word to express the basic respect for human dignity that ideally

should be shared by us all.

However, as the lessons of the Holocaust clearly show, 'tolerance' is a fragile thing that exists only when it is backed up by the law of the state and its police force.

Let us not forget that, in Nazi Germany, the atrocities committed against the Jews and other non-tolerated members of the society were legal — the laws were adjusted as needed — and supported by a state apparatus that included various branches of the civil service, police and army. People who resisted the Nazis in defence of 'tolerance' were breaking the law, and paid dearly for it.

We visitors to the USHMM were led to safety by hordes of local and federal police, and the attack was roundly condemned. However, I have to think that, had this happened in the Third Reich, our shooter might well have been a hero, or even an

instigator of a massive pogrom, with the wider society looking on and unwilling to step up on behalf of 'tolerance.'

If you look at history, you realize that 'tolerance' is not a given. It is the recognition of basic human equality and must be entrenched in law and diligently protected.

'Tolerance' hangs by a thread.

And so, like the media reports that underlined the ongoing need for teaching tolerance, I recognize the importance of promoting mutual understanding and respect as an integral part of my Jewish studies and Holocaust studies courses.

I know full well that 'tolerance' erodes all too easily when its legislative teeth are taken away, and our society's commitment to it must constantly be renewed.

This is the main lesson I took away from my experience at the USHMM.

Correction – Tamir donation cards

Recent publications of the minimum charge for Tamir donation cards have been printed incorrectly.

The correct wording is: "Donation cards can be purchased for a minimum charge of \$18.00 by contacting the Tamir office at 613-725-3519, 11 Nadolny Sachs Private, Suite 218, Ottawa, Ontario, K2A 1R9, or by e-mail to aahusted@tamir.ca".

The *Bulletin* apologizes for any inconvenience.

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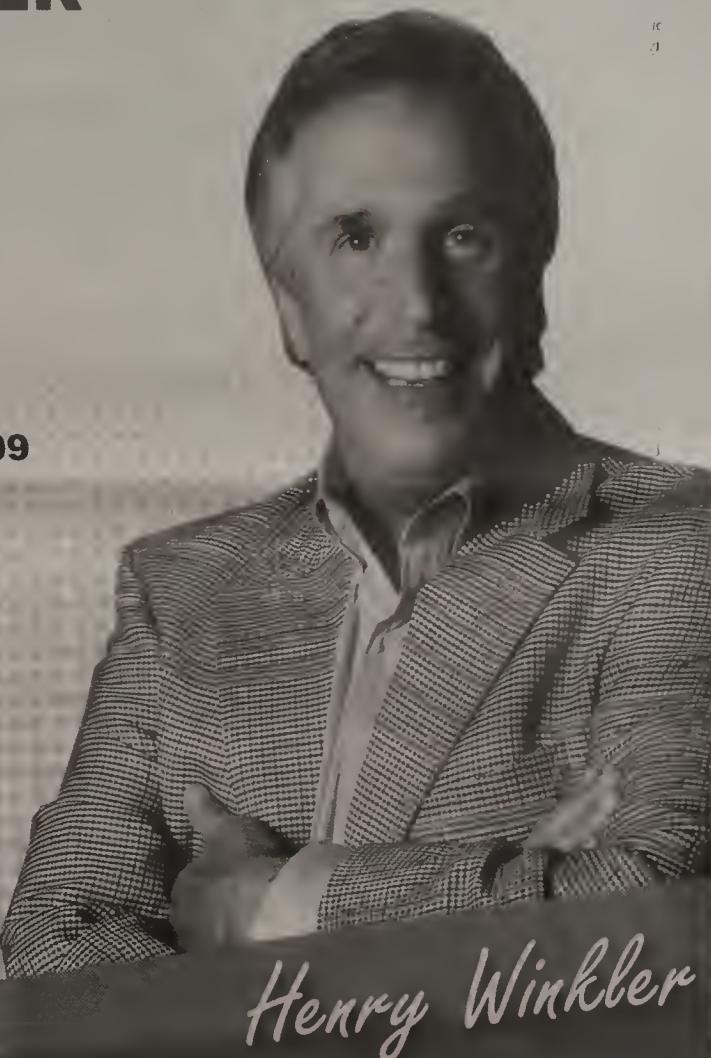
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Federation AGM: Donna Dolansky becomes Federation chair

By Michael Regenstreif

The Jewish Federation of Ottawa installed Donna Dolansky as its new chair and continued to celebrate volunteerism in its 75th anniversary year as it paid tribute to three of its most outstanding volunteers at the Federation's annual general meeting, June 3, in the Joseph and Rose Ages Family Building.

Dolansky noted that her personal history of Jewish community involvement began in Winnipeg at age 14 with B'nai Brith Girls. It continued in Montreal, but particularly since she and her husband, Bernie, moved to Ottawa 36 years ago.

Bernie Dolansky was president of the Vaad Ha'Ir/Jewish Community Council of Ottawa – as the Federation was previously known – from 1993 to 1995. The Dolanskys are the first husband and wife combination to hold the Federation's top lay leadership position.

Noting the circumstances



At the Federation AGM, June 3, incoming Chair Donna Dolansky presents her predecessor, Jonathan Freedman, with a book of bound copies of the Ottawa Jewish Bulletin published during his two-year term in office.

(Photo: Peter Waisser)

of the current economic recession, Dolansky said she expected the financial situation to be among her greatest challenges. Another, she said, is overcoming apathy

to Jewish institutions.

Jonathan Freedman, the Federation's outgoing chair, said he was "humbled and honoured" to have served as chair.

Freedman said the strides the Federation made in the education sector, bringing Hillel Academy and Yitzhak Rabin High School together on the Jewish Community Campus, were among the highlights of his term.

Freedman also spoke about the unexpected challenges of the economic downturn that hit while he was in office.



Award recipients (left to right) Estelle Gunner, Ingrid Levitz and Jennifer Kardash at the Federation AGM, June 3.

(Photo: Peter Waisser)

In his report, Mitchell Bellman, Federation president and CEO, spoke about the 75th anniversary and the opportunity it presented to look back at the rich history of Ottawa's Jewish community. In choosing to mark the milestone by honouring 75 volunteers – at a celebration held May 20 – and by telling the stories of those volunteers, "we are able to tell the story of the Federation and of the Jewish community of Ottawa. Our community's story tells us that people care deeply about Jewish life in our city."

Alluding to the current financial crisis cutting across society-at-large, as well as other challenges, Bellman ended his report on a hopeful and positive note.

"We ask people to believe that, in the face of ad-

versity, we will prevail. In the face of growing assimilation, we will connect people. In the face of Israel's public vilification, we get young people to believe in Zionism. In the face of apathy, we will find donors and volunteers. In the face of rising costs and no government support, we will grow the enrolment in our schools."

The meeting also saw the presentation of the Federation's annual awards to outstanding community volunteers.

Ingrid Levitz was presented with the Gilbert Greenberg Distinguished Service Award, the community's highest honour, which is presented for exceptional service over a long period of time.

Estelle Gunner was the re-

cipient of the Shem Tov Community Volunteer Award and Jennifer Kardash received the Freiman Family Young Leadership Award.

As recipient of the Freiman Family Young Leadership Award, Kardash also received the Lawrence Greenberg Young Leadership Development Award, which annually funds the recipient's trip to the United Jewish Communities General Assembly – to be held this year in Washington, DC from November 8 to 11.

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Carleton confers honorary doctorate on Norman Barwin

By Benita Baker

Esteemed Ottawa doctor, educator, author and philanthropist Norman Barwin was awarded the honorary degree, Doctor of Laws, by Carleton University at the spring convocation ceremony on June 12.

"This is a tremendous honour," said Barwin, who adds this credential to an already impressive list of 11 degrees and diplomas. He can now officially be referred to as 'Dr. Dr. Barwin.'

He had no idea that he was even being considered for the honour. In fact, when he got a call from the university with the news, he thought it was a prank. It was no joke, however, when he stood before the chancellor, president, board of governors and senate to accept his honour and address the graduating class.

"Dr. Barwin was selected because Carleton recognized his undeniable contribution to, and the positive impact on, women's health; and for the help and attention he has paid to some marginalized communities," said Carleton University's Vice-President (Research) Kim Matheson, who chairs the Senate Honorary Degrees Committee. "He has made a strong contribution to the community and to advancing education and research in medical science and health."

Barwin is a gynecologist/obstetrician who is widely recognized as an expert in such reproductive issues as infertility, family planning, menopause and premenstrual syndrome (PMS). He is a longtime pro-choice advocate and is a firm believer in the individual's right to make informed choices on all aspects of their sexual and reproductive health.

This zealous commitment has been the focus for most of his professional and volunteer efforts. He established the Norman Barwin Scholarship in Women's Health and Reproduction open to students at Canadian universities who are working toward a higher degree in the field of sexual and repro-



Norman Barwin
(Photo: Michelle Valberg)

ductive health and rights.

For the past five years, Barwin has been the president of Canadians for Choice, a non-profit organization dedicated to preventing unwanted pregnancies, promoting contraception and reproductive health education and research.

Barwin has served as president of the Canadian Fertility Society, the Planned Parenthood Federation of Canada and Planned Parenthood Ottawa, and was a founding member of Fertility Self-Help Group, which later became the Infertility Awareness Association of Canada. In 1982, he established the first high school family planning clinic in Ottawa.

For more than 30 years, Barwin has worked with transgender patients offering them hormone therapy and counselling services. In April 2008, the *Ottawa Sun* reported that Barwin is the only doctor in Ottawa treating transgender patients. At that time,

Barwin estimated that he was treating 50 patients in their gender transition.

Candidates for Carleton University's honorary degrees are nominated by members of the Carleton community and go through a rigorous selection process. The Senate Honorary Degrees Committee reviews the nominations, particularly looking to choose individuals who have contributed to the local, national or global community in the arts, sciences, professions, private sector, public service or humanitarian endeavours, or who have a notable association with, or have provided service to, Carleton University.

The committee's recommendations of potential recipients must be approved by the university senate. The list is then presented to the president who makes the final selection. Typically, the president selects individuals who convey values that reflect Carleton and present outstanding role models for students.

Barwin's contribution to the community, education and research is evidenced by a résumé that goes on for 32 pages. He is the author or co-author of five books, 32-chapters in books and more than 100 articles on subjects such as male infertility, artificial insemination, contraception, adolescent sexuality, stem cells, cryobanking semen and ovarian tissue, and mature motherhood.

The list of Barwin's past and present participation on committees is extensive: 13

editorial boards, nine advisory boards and 56 committees (hospital, university, Canadian, local and international).

Barwin has received considerable accolades for both his professional and volunteer work. He was the Jewish National Fund Negev Dinner honouree in 1993 and was awarded the organization's President's Medal in recognition for his role as president of JNF Ottawa. He's also received volunteer awards from Hadassah-WIZO, the Jewish Federation of Ottawa, State of Israel Bonds, the Planned Parenthood Federation of Canada, the Canadian government and the Queen.

Recently, he was presented with the Biomedical Science Ambassador Award, which honours "the profound contribution he has made to advancing the cause of, understanding about, and support for the biomedical sciences."

Barwin was made a Member of the Order of Canada in 1997. The citation notes "his work as a gynecologist, researcher and medical educator has had a profound impact on both the biological and psycho-social aspects of women's reproductive health." For Barwin, who was born in South Africa, this was an especially meaningful honour because Canada is not the land of his birth.

"Giving back works both ways," said Barwin. "You are doing something positive for the community and feeling good about it, in return."



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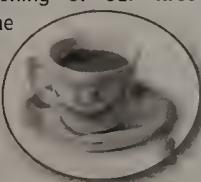
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ALTERNACARE

Adequate funding for Jewish clientele is an uphill battle

As chair of Jewish Family Services (JFS) during the past 18 months, the agency has developed into the premiere social service agency in Ottawa.

Our anti-racism program has been acclaimed. Our mentoring of ethnic communities is lauded from coast to coast. We are recognized as a leader and innovator by the federal, provincial and municipal governments as well as by the United Way.¹⁰

Despite our successes, JFS is still facing many challenges. We continue to fight an uphill battle to ensure adequate funding for our Jewish clientele: Jewish seniors, immigrants, unemployed and low-income individuals and families.

It is especially troubling to me that, during this period of economic chaos, when we have seen an exponential increase in demand for our services, our budget has been dramatically slashed.

JFS was forced to reduce our annual direct assistance to a fraction of what it was. Both large families and single parents with two or more children have been adversely affected, forcing them to repre-



Federation Report

**Jack Shinder
Jewish Family Services**

oritize their spending to ensure they will have food on their tables.

Our employed clients, who are in low-paying or part-time jobs, who cannot earn enough to meet their basic needs and, yet, are ineligible for any social assistance, will see their monthly JFS allocations reduced. And clients whose annual income is within \$1,000 of the Low Income Cut Off, the poverty line, will no longer receive financial support from JFS.

What, as a community, can we do?

We need to look at other Jewish communities and their responses to the economic crisis.

In Montreal, Ometz (formerly Jewish Family Services of Montreal), recognizes the effect of the crisis on the vulnerable.

Their community now offers two free kosher meals a week to assist those who are finding it a challenge to keep food in their kitchens. In addition, due to the astronomical cost of Passover food this past year, they sponsored several Passover Seders throughout the city, including one on their premises.

Toronto's Jewish Family and Children Services has handed out in excess of \$12 million in direct assistance and saw more than 2,000 clients. They understand the spiralling effect that poverty has on the individual, the family and, most importantly, on the children. Poverty affects a child's ability to succeed in school; it disrupts the stability in their home and hinders their ability to participate in Jewish education, camps and youth groups.

The Toronto Jewish Community is urging people to advocate for the eradication of poverty by signing petitions, writing letters to city councillors and provincial and federal representatives.

The Jewish Federation of Philadelphia created a Centre for Social Responsibility that focuses on hunger relief, the elderly

and the impoverished, while maintaining its commitment to its ongoing programs. Philadelphia is committed to funding and enhancing services for the chronic poor, the low-income, seniors who live in their own homes, and to creating social action projects to help the Jewish vulnerable, while engaging Jewish volunteers and building Jewish identity.

Just as other communities have recognized the importance of their family services agencies, JFS in Ottawa has been forced to reduce its services.

The Jewish Federation of Ottawa needs to recognize that JFS is an essential agency to the well-being of our community. A made-in-Ottawa solution can be coordinated by JFS with the support of Federation to address the economic crisis ensuring that all members of our community are able to continue to receive the assistance they require.

Regardless of where in the world Jews have faced crises, the Ottawa community has leapt to their assistance. We must do no less when our neighbours at home are in crisis.

Obama wrong to suggest the Holocaust led to the creation of Israel

Over the course of the last few decades, there has been some debate concerning the place of the Holocaust in Jewish life.

Painful as it may be to hear, there are some people of substance, with enviable track records of dedication to the Jewish community, who have argued that we are spending precious money on Holocaust monuments that would be better served going to Jewish education.

And there are others who have argued that placing the Holocaust in a central position in Jewish education is fraught with danger, as it diminishes the positive aspects of Judaism and elevates our most vicious enemies into architects of Jewish thinking.

These are contentious issues, but the reality is that we have made a decision in so many communities to memorialize the Holocaust with monuments and with courses.

The debate may not be over, and there is room to argue that we should continue to debate the issue even as we move forward.

Looking backward, and from the big picture vantage point, the collective wisdom of the Jewish people has thankfully once again prevailed, for there is no more important concern for the Jewish people than being able to live, to live as Jews. A decade or two ago, we may have become complacent in this, as the issue of Jewish vulnerability seemed to be a relic of the distant past.

But then, seemingly out of nowhere, anti-Semitism began to rear its ugly head again. Europe, with its already blood-smeared history, began a scary recidivism back to its anti-Semitic ways. And attacks against Israel have reached torrential proportions, especially after the clearly defensive operation by Israel to defend its population that



From the pulpit

**Rabbi
Reuven P. Bulka
Machzikei Hadass**

was being pelted by deadly missiles on a daily basis, making life intolerable.

It was as if those who, for reasons of public propriety, had kept their anti-Jewish feelings under wraps were given the unbridled licence to let loose their caged-in anti-Semitic venom.

Thank God the reminders of the Holocaust are everywhere to be seen. We can remind the haters, and those who would too easily dismiss them, that the Holocaust began with words, words that were not stopped then, and must not be allowed now.

The cynic might say that the monuments and the education have not made a difference. The other side is to contemplate how much worse it would be without all that.

In the background of these painful observations came events of recent vintage that are deeply troubling. They relate to the much-anticipated and analyzed visit of U.S. President Barack Obama to Cairo and Buchenwald. Call me paranoid, but the context and the content are disturbing, even unsettling.

The context was to send a note of reassurance to Israel that the president understands Jewish history and Jewish vulnerability, and would thus never push Israel into a treaty that would threaten its existence. All this even though a so-called two-state solu-

tion in which the other side refuses to accept the legitimacy of the Jewish State, and never has, would create a ring-of-hate around Israel from all sides except from the sea on the west. The nuclear bomb further east is hardly relevant when the survival concerns are much more immediate and ominous.

As to content, it was clear that the president was using Buchenwald to justify a perilous policy. And the painful reality that he does not get it came when he suggested that the Holocaust set the stage for the creation of the State of Israel. What a horrible distortion of Israel, and of Jewish values. We would never justify taking someone else's land to alleviate our historical travail. The League of Nations, the Balfour Decla-

ration – they pre-date the Holocaust. Israel was not created in 1948, it was re-established then.

To then further equate Palestinian suffering with Jewish suffering during the Holocaust is a further and colossal distortion unworthy of a world leader. We would love to see the Palestinians thrive and the road to that exalted destination is easily reached just by dropping its (self) destructive venomous hate.

The president's gestures were historically reprehensible and politically irresponsible. They were the ultimate distortion of the Holocaust. We cannot allow the twisted perversion of the Holocaust to set the stage for imperilling Israel.



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Canada

Minister of health should act now on 21 new beds for Lodge

There was a report, June 10, in the *Ottawa Citizen* that said "elderly residents in Eastern Ontario wait the longest of anyone in the province to be admitted to nursing homes." Province wide, the report said, waiting times have doubled in the past two years.

A month before that, in the *Federation Report* of the May 11 *Bulletin*, Jeffrey Miller, president of the Bess and Moe Greenberg Family Hillel Lodge, wrote about the long waiting list and waiting time for admission to Hillel Lodge. He also noted that Hillel Lodge continues to pursue and wait for Ministry approval to open up 21 additional long-term care beds.

Two years ago, when Ontario waiting times for nursing home admissions were half as long as they are today, long waiting lists were already a problem. In the October 1, 2007 issue of the *Bulletin*, Barry Fishman wrote an article about the Lodge waiting for approval for those beds and about the space – the Joseph and Inez Zelikovitz Pavilion – that was reserved for them.

That issue came out just before the provincial election held on October 10, 2007 and I reported on the meeting the Federation's Communications and Community Relations Committee held with Liberal candidates Jim Watson, then minis-



Editor

**Michael
Regenstreif**

ter of health promotion and now minister of municipal affairs and housing; Madeleine Meilleur, then and now minister of community and social services; and Yasir A. Naqvi, who became the MPP for Ottawa Centre, the riding in which Hillel Lodge is located.

The 21 additional beds being proposed for Hillel Lodge was discussed at the meeting and all three candidates voiced their strong support for the proposal. Watson enthusiastically said he'd undertake to have the government act on the 21 new beds for Hillel Lodge within the first six months of a new Liberal mandate.

We are now 21 months into that new mandate and Hillel Lodge is still waiting for the go-ahead to proceed with finishing the pavilion and setting up the beds. Watson and Naqvi, I would note, remain in the Lodge's corner. They brought Health and Long-Term Care Minister David Caplan to the Lodge on January 16 to tour the facility and meet with Lodge officials.

For the past six months, the minister whose signature will allow Hillel Lodge to proceed, has had first-hand knowledge of the Lodge, what it does and what it could do to help alleviate the critical shortage of long-term nursing home beds in this community.

Waiting times for long-term care beds were problematic when the *Bulletin* reported on this issue almost two years ago and, as noted, have doubled since then. Will they double again over the next two years? Further delays make no sense. Minister Caplan should act now.

This issue, we introduce a new monthly column, *World Affairs*, by Oliver Javapour. Well known in the community, Oliver is an Ottawa-based public policy and international relations consultant. Oliver was born in Iran and his first column deals with the internal challenges to the Iranian regime since the *election* there last month.

As Oliver notes, such entities as Hamas and Hezbollah, and many other organizations and schools around the world, are beholden to the Iranian regime for their funding. One such organization, funded by the Iranian government, its English-language satellite news channel and website, Press TV.

It turns out that one of Press TV's

weekly program hosts and commentators is none other than George Galloway, the fringe British MP who was denied entry into Canada earlier this year because of the very public financial aid he delivered to Hamas, an organization banned by Canada because of its terrorist activities.

While you'd be hard pressed to find any commentator in the western media who thinks the Iranian election was an exercise in democracy, Galloway assures us, in his Press TV program available via a series of videos on YouTube, that the Ahmadinejad victory was completely legitimate and that Iran is the very model of pure democracy.

According to Galloway, it's the western media that has fuelled the massive Iranian protests that erupted after the election. Western media commentators, Galloway tells us, "hate the Islamic Republic" and they "hate President Ahmadinejad – not for any bad things he's done, or any mistakes he's made ... It's because Iran will not bow the knee to western power ... [and] to the Zionist settler State of Israel, which is an apartheid state."

Galloway's Press TV commentaries reveal him to be nothing but a paid propagandist for the brutal Iranian regime. It's so very sad that many Canadian leftists – including some Jewish leftists – see Galloway as some sort of revered truth-teller.

End of an era: our last dance competition

This past spring marked the end of an era in our household.

For 10 years, my 18-year-old daughter, Jenna, participated in the annual spring ritual of dance competitions and recitals. But, with the end of Grade 12, so also ended her last year of competitive dancing, being part of a studio dance team, almost daily dance lessons, learning choreography and courageously going on stage, as a soloist and in groups.

It is common that teens use the big school graduation as an end point for dance, with many going off to post-secondary education, or heading into the work force. For them, that time of year is quite emotional as they leave something that has defined who they are. And a lucky few just continue doing what they love, dancing, at the professional level.

On the weekend of May 1 to 3, Jenna participated in her last dance competition.

For years, dance parents anticipate the end of their child's dance career with unbridled relief. The competitive dance world is stressful, expensive, and demands time away from work for local and out-of-town competitions. But, in truth, as the weekend drew closer, my anticipated joy was mixed with sadness.

Most dance parents have a love-hate relationship with competitive dancing. Nothing compares with the pride of



**Benita
Stemyatycki**

watching your daughter or son displaying her or his talent on a stage for all to see, and listening to the cheers of the audience. On the flip side, house renovations and vacations could happily gobble up money that instead goes to dance.

Start with class fees, then tack on choreography, studio rehearsal time, costumes (hockey parents have no idea how lucky they are to have two uniforms – home and away), various dance shoes, competition entry fees, and transportation, hotel, and food costs associated with out-of-town competitions. There is a slogan often seen on T-shirts worn by a dance mom or dad saying, "I don't dance – I finance." Ain't that the truth?

Each costume piece has to be labelled and organized by dance number into garment bags, which fly off the shelves at the dollar stores. Add the stress of checking after each competition for any missing critical items. And, in dance, everything is critical! Whether it's shoes, hats, gloves, earrings,

and everything in between, a lot of thought goes into costuming and Lord help the poor mother (sorry dads – it usually is the mom) who has to locate a lost item before the next competition. In the frenzied world of costume changes, even the most organized kid, no matter how old, needs an organizer.

Part of why moms are so much more involved is demographic. In terms of numbers, females overwhelmingly outnumber males, and dads can't go into the change rooms to help out. I've never heard one complaining.

While they are called competitions, I have to say that I've been completely impressed over the years by the atmosphere of support and friendship between kids from different schools who are in effect competitors with one another. Often dancers will call out "good job" to the soloist who performed before them and against whom they are competing. By the time they are teens and have been competing for a few years, the friendships are not limited by dance schools and neighbourhoods. However, because they spend so much time together at their own dance studio, it becomes a home away from home, and the teachers and fellow dancers are the extended family.

For every dance competition, there is an army of parent volunteers who toil feverishly to make sure everything is ready

for the kids. They deserve a world of thanks from everyone involved at the studio level. The creation of beautiful and complex costumes and sets, and other duties like rhinestoning (yes, it is a verb in dance parlance) and carrying sets and props on and off stage make it possible for the dancers to perform as well as they do.

My older son, Daniel, was also a competitive dancer in hip hop, but, when he graduated, Jenna was still dancing. So, for me and my family, like many others in this region, this was the end of the competitive dance road. Watching Jenna run off stage for the last time brought tears to my eyes and a lump in my throat. But I also felt the satisfaction of knowing her involvement in competitive dancing introduced all of us to this art form, and gave her self-confidence, honed her dancing skills, developed lifelong friendships, taught sportsmanship and camaraderie, and provided valuable exercise. It opened my eyes to the athleticism and strength required to persevere in dance.

Thank you to all the graduating dancers who shared your many talents and passion for dance with your families, dance teachers, friends and audiences.

This column originally appeared in the Ottawa Citizen.

Alan Echenberg will return in September.

Rabbi Howard Finkelstein to receive 2009 Grinspoon-Steinhardt Award

By Benita Baker

Rabbi Howard Finkelstein, spiritual leader of Congregation Beth Tikvah, has been recognized as an outstanding classroom-based teacher by JESNA (Jewish Education Service of North America), the Harold Grinspoon Foundation and the Steinhardt Foundation for Jewish Life.

Rabbi Finkelstein is Ottawa's 2009 recipient of the Grinspoon-Steinhardt Award for Excellence in Jewish Education.

Designed to recognize, honour and support teachers who have made a commitment to Jewish education, Rabbi Finkelstein was selected along with award recipients from more than 60 other Jewish communities from across North America.

"It is a wonderful honour to receive this award," said Rabbi Finkelstein. "But really it is the students who deserve it. For 34 years, they have inspired me and given me direction."

Rabbi Finkelstein is well known in the community as a pulpit rabbi, but those who do not have children attending Yitzhak Rabin High School (YRHS) may not know that

he is the founding rabbi of the school, its principal for Jewish Studies and has taught there for 13 years. He also teaches adult education classes and Bar/Bat Mitzvah classes at his shul. For three years, he also taught at Machon Sarah High School.

The rabbi sees no difference between his role as his congregation's spiritual leader and being a teacher. Both positions educate.

"There is no greater satisfaction than to be able to teach," he said.

Candidates for the Grinspoon-Steinhardt Awards must demonstrate exceptional achievement and serve as role models in Jewish education. They can only be nominated by the principal or administrator of their school. Rabbi Finkelstein's name was put forward by YRHS Principal Cynthia Bates and YRHS and Hillel Academy Head of Schools Donna Palmer-Dodds.

"I pride myself, as an educational leader, on being able to recognize in students when they are being challenged, stimulated and motivated to learn, and I have observed that Rabbi Finkelstein engenders these outcomes in his

students," said Bates in her submission.

Three local Jewish educators were nominated for this award. A selection committee established by the Jewish Federation of Ottawa chose Rabbi Finkelstein as Ottawa's nominee.

Although he knew he was being considered for the award, because the application process requires that nominees provide information about themselves, Rabbi Finkelstein was surprised to discover that he had won.

"I was taken aback," he said, when Federation President and CEO Mitchell Bellman notified him of the award.

"I nominated someone who won, so the tables were turned," he said in reference to YRHS teacher Shaya Rodal, Ottawa's 2008 recipient of the Grinspoon-Steinhardt Award.

In the award application, Rabbi Finkelstein clearly demonstrates his commitment to making an impact on the lives of Jewish children.

"There is no greater calling than Jewish education, in that one has the opportunity to shape and influence

students on their pathways through Jewish life," he said.

He explains that his focus as a Jewish educator is "to demonstrate the relevance of Judaic texts to the lives of my students." He also emphasizes "the importance of integration between the secular and Judaic worlds."

In their portion of the application, Palmer-Dodds and Bates highlight Rabbi Finkelstein's commitment to bringing the secular and Judaic worlds together, describing him as "a passionate spokesperson for the importance of integration in education."

They explain that he has been innovative in accomplishing this integration by working closely with the school's secular staff while respecting the Ministry of Education requirements. In English class, for example, students study Simon Wiesenthal's *The Sunflower* and *Night* by Elie Wiesel. The business studies curriculum includes the topic of Jewish ethics in business, and the math teacher taught logic to Rabbi Finkelstein's philosophy class.

Each Grinspoon-Steinhardt Award winner is given a minimum



Rabbi Howard Finkelstein

of \$2,500, of which \$1,500 must be used for professional development. Rabbi Finkelstein plans to go to Israel and study, but has not yet chosen a program. He has also not decided what he'll do with the remaining \$1,000, which can be used at the recipient's discretion.

The winners will be presented with their awards at the United Jewish Communities General Assembly, November 8 to 11, in Washington, DC.

Rabbi Finkelstein was ordained in 1977. He has a BA in political science, an MS in Jewish secondary education from Yeshiva University, and an MA in education from New York University.

Mailbag

bulletin@ottawajewishbulletin.com

Ottawa Modern Jewish School

We were dismayed by the decision of the Federation to completely cut its financial allocation to the Ottawa Modern Jewish School (OMJS). A reduction in the amount of support in difficult times might have been understandable. But a complete cut is unconscionable.

We arrived as a family in Ottawa in 1956 and have been supporters of the OMJS from its earliest years. Both of our children attended and graduated from the school in the 1960s. A good deal of their commitment to Jewish values and issues has been a result of their experience with the school.

We know that many Jewish families in Ottawa are not affiliated with any synagogue. For many of these Jewish parents in Ottawa, their only connection to the Jewish community has been through OMJS. These are precisely the people the Federation planned to target when it sought several

years ago to reach out to a broader Jewish community. Now, with this decision, it appears the Federation has abandoned that part of the Jewish community.

We will continue to support OMJS because of the important role it plays. Accordingly, we have sadly decided that whatever financial support we have given to the Federation in the past will now be directed totally to OMJS.

Gilbert and Helen Levine

Different religions help make everyone 'the same'

Hillel Academy student Meredith Barwin cleverly concludes, after her school class visit with Charles Hulse Public school students, that "everyone is really just the same, no matter what religion they are."

Well, it is precisely their religions that help to make them the same – that is, friendly, engaging, helpful and so on. Such conscientious conduct springs partly, I suggest, from monotheism, the belief in one and the same God

that the major religions revere and practise in their own particular ways.

Civilization credits Judaism with monotheism – hurrah for us! It is all in the Sh'ma: "Hear, O Israel, the Lord our God, the Lord is one."

Moses wrote that the author of the laws for social harmony, like the 10 Commandments, which were first written in Hebrew, is also the author of the laws for cosmic harmony like, for example, the earth's travels of 20 miles per second in its orbit around the sun.

Lionel Metrick

Don't discard holy publications

From time to time, it is necessary to remind members of the community that publications bearing the name of Hashem should not be discarded. These would include *benches* given out at *simchas* or old prayer books.

All the synagogues collect such publications.

Lea Kalin

Marty Davis to speak August 17 at SJCC

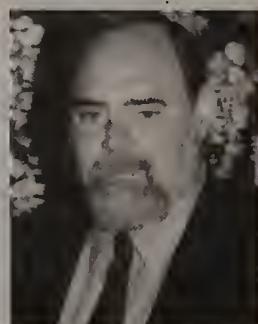
By Ruthie Prince-Raz
Vered Israel Cultural and Educational Program

Marty Davis, director of Zionist activities at the World Zionist Organization, returns to Ottawa next month and will give a talk, *Israel a Pluralistic Society – the future of the Jewish State*, at the Soloway Jewish Community Centre.

Davis was born in New York City and worked there as director of the Long Island Hadassah Zionist Youth Commission, Young Judaea and Camp Tel Yehudah.

Since first moving to Israel 25 years ago, he has worked in rural and urban development, strategic planning, training, implementation, fundraising, leadership development and donor development. He was sent on postings to Great Britain and the former Soviet Union by the Israeli Ministry of Foreign Affairs and spent several years here as shaliach to the Jewish Community Council of Ottawa/Vaad Ha'In.

Davis now lives in Ashkelon and spoke to the Ottawa Jewish commu-



Marty Davis

nity via telephone during the January 8 rally in support of Israel during the war in Gaza. He also wrote an article for the *Bulletin* (January 26, 2009) describing the experience of being under Hamas rocket attack in Ashkelon.

Davis will speak Monday, August 17, 7:30 pm. The event is free of charge. For information, call 613-798-9818, ext. 243, or e-mail rprince-raz@ccottawa.com.



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**Brian Pearl
president**
**Sara Vered to be honoured
at 2009 JNF Ottawa Negev Dinner**

I want to begin with the wonderful news that our Negev Dinner honouree for 2009 is Mrs. Sara Vered. Sara is widely known and greatly admired in the Ottawa and Canadian Jewish communities, and in Israel, for her philanthropy and personal dedication to many causes, including the Jewish National Fund/Keren Kayemet L'Yisrael. Along with her late husband Zeev z"l, Sara has contributed enormously to the cause of Jewish education and culture in Ottawa and Israel. I want to wish her and her entire family a sincere *mazal tov* and *yasher koach*.

We eagerly look forward to working closely with her on the planning of this year's Negev Dinner, which is going to be on Monday, November 16, 2009. See you all there.

**Annual General Meeting
celebrates successful year**

I recently had the great pleasure of meeting with JNF Ottawa Board members at our Annual General Meeting at our home. We reviewed the accomplishments of another very successful year for JNF Ottawa and discussed our exciting plans for the coming 12 months. Last year's Negev Dinner in honour of Dan Greenberg and Barbara Crook was an outstanding success. At the AGM, we were delighted to present Dan and Barbara with a special memento album of pictures from the event and to welcome Barbara Crook as a new member of the Board of JNF Ottawa. Ron Prehagan, Chair of the fundraising team and several of the team members were also presented with plaques showing our thanks and appreciation for a job well done.

Jane and Martin Gordon, who chaired this year's Tu Bi'Shevat Telethon were also recognized and thanked for their excellent work. This year's Telethon will again be under their very able leadership. We also wish them *aliyah tovah* as they become, officially, residents of both Israel and Canada. (Talk about *walking the walk!*)

Space does not permit proper thanks to all the people who have contributed to this year's successes, including the expanded Blue Box campaign, chaired by Naomi Cracower, and our extraordinary art program in May, "The Colours of My Father", chaired by Oliver Javanpour.

In closing, I want to thank the Board of Directors for their outstanding commitment to JNF. On their behalf, I salute our excellent staff members: Mark Mendelson, Executive Director for Eastern Canada and Susan Schwartzman, Ottawa Co-ordinator, without whom none of the above would be possible.

Sefer Bar/Bat Mitzvah Inscriptions

Samantha Penina Ruckenstein by her proud parents, Allan Ruckenstein, Sue Potechin and Mark Kamins; Maxwell Isaac Silver by his proud parents, Simi and Stephen Silver; Elana Rebecca Robern by her proud parents, Joan Schwarfeld and Michael Robern; Zachary Ryan Ramsay by his proud parents, Sherri and Jeff Ramsay; and Daniel Aaron Blacher by his proud parents, Neil Blacher and Marilyn Adler.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (613.798.2411).



YRHS grads win major scholarships

**By Nicola Hamer
Communications Director**
Hillel Academy
and Yitzhak Rabin
High School

Yitzhak Rabin High School (YRHS) has graduated the first group of students from our new location on the Jewish Community Campus. While YRHS is a small school, more people are getting the opportunity to see just how big it is in talent now that we have moved into the building with Hillel Academy.

Eighteen students graduated from Grade 12 at YRHS this year and, between them, were offered more than \$350,000 in scholarships. All graduates were admitted to the institution of their choice for higher education.

YRHS's graduates will be attending a wide variety of post-secondary institutions. Atara Messinger won the prestigious \$4,500 Millennium Scholarship and received offers totalling \$55,000 from the six universities she applied to. She has chosen to attend the Arts and Sciences program at McMaster University, which admits only 60 students per year from thousands of applicants. She plans to go on to study medicine.



Atara Messinger gives the Hebrew valedictory speech at the YRHS graduation.

(Photo: Howard Sandler)

The small size of YRHS did not prevent Matthew Engel from receiving a football scholarship to attend Bowling Green State University in Ohio. He too was offered scholarships totaling \$55,000. Recently, Engel was also awarded the B'nai Brith Canada Parliament Lodge #2159 Graduating Student Athletic

Achievement Award, as one of two exceptional graduating athletes from the Ottawa area.

Netanel Finkelstein is another student who stands out. He won numerous academic awards at graduation, including the Governor General's Academic Medal for the highest academic average combined from

Grades 11 and 12. Finkelstein's path has also led him to the United States. He will be in New York, attending Yeshiva University, on a \$15,000 scholarship to study math and physics.

Donna Palmer-Dodds, head of schools for YRHS and Hillel Academy, credits not only the hard work the students put in and the dedication of their teachers, but also YRHS's new, school counsellor, Yvonne Seiers.

"Yvonne sat with every single one of these students and helped them apply for scholarships and to whatever institutions they were interested in," says Palmer-Dodds.

"That is one advantage of having a small school. She had the time to spend with every one of our graduates to make certain they had the best opportunities available as they moved on from high school."

Teachers and staff at YRHS are delighted with their students' successes.

Says principal Cynthia Bates, "I had no doubt this class would do well, because they are a remarkable group of hard-working, dedicated young people, but even we didn't imagine this level of success. I am delighted. They deserve it."

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TORCA

Adviser to four Israeli prime ministers is dedicated to the peace process

By Michael Regenstreif

Many of Israel's leading peace activists – including many of the architects of the 2003 Geneva Accord that seeks to forge a two-state solution and settlement with the Palestinians – are some of the Israeli army's most distinguished former officers.

Among them is retired Colonel Shaul Arieli, the former commander of the Northern Gaza Strip division of the Israel Defense Forces (IDF).

Arieli was an adviser to four Israeli prime ministers – Yitzhak Rabin, Shimon Peres, Benjamin Netanyahu

in his first term in office and Ehud Barak. He was head of the Peace Administration during the Barak government.

Arieli was in Ottawa, June 3, to speak at Temple Israel about the prospects for peace in the wake of new governments in Jerusalem and Washington as part of a Canadian speaking tour arranged by Canadian Friends of Peace Now.

"It was my feelings for my family, my children and my country," Arieli explained, that led him to continue working for peace since retiring from the IDF in 2001. "It's my duty to do it."

He pointed to such issues as the border and Jerusalem as among the areas in which his expertise has been useful in progress between Israel and the Palestinians.

When asked about the chances for a peace settlement with new American and Israeli governments in place, and with Palestinian power

divided between the Palestinian Authority (PA), controlled by Fatah in the West Bank, and Hamas in Gaza, Arieli replied cautiously, but optimistically,

He sees the administration of U.S. President Barack Obama as an important broker in the Israeli-Palestinian peace process.

"I believe the U.S. should present a new peace initiative," he said, that would be similar to the Arab plan that would see normalization of Arab-Israeli relations within the context of a comprehensive peace settlement primarily based on the 1967 borders, but that would accommodate the major Israeli settlement blocks near the Green Line in return for uninhabited Israeli land swap equal to the amount of land ceded to Israel.

The interview with Arieli took place 11 days before Netanyahu's June 14 speech at Bar Ilan University in

which the Israeli prime minister embraced the two-state solution, something Arieli predicted.

"I worked with Bibi Netanyahu for three years. I was the head of the peace negotiations [during his first term] and I think that I know him. At the end of the day, because of the real interest of Israel, he will change his mind."

Arieli also predicted that Netanyahu's embrace of the two-state solution might well lead to Kadima's joining Netanyahu's coalition and Kadima leader Tzipi Livni's replacing Avigdor Lieberman as Israel's foreign minister. Such a move, he said, would be a key to the peace process moving forward.

Turning to the question of what might happen with Jerusalem in a peace settlement with the Palestinians, Arieli said it was important to remember that the division of Jerusalem is not the issue. Rather, "it is the division of East Jerusalem, the area annexed by Israel after the 1967 war. This area amounts to 70 square kilometres."

Arieli suggests adopting the parameters put forward by then-U.S. president Bill Clinton in 2000 in which Jewish neighbourhoods would remain under Israeli sovereignty and Arab neighbourhoods would be under Palestinian sovereignty.



Shaul Arieli talks about the Israeli-Palestinian peace process, June 3, in the Ottawa Jewish Bulletin office.

(Photo: Marc Dolgin)

"With this principle," said Arieli, "you can solve 98 per cent of the Jerusalem issue."

"That leaves the holy or historic basin including the Old City, a very small area of less than one square kilometre, and another small area of one square kilometre around the walls."

There are two options, Arieli said, for the historic basin. One would be to use the Clinton parameter under which sovereignty for the Jewish sites would be retained by Israel and sovereignty for the Muslim sites would go to the Palestinians. The other option would be that the historic basin be managed by an international commission that does not establish sovereignty for one side or the other.

"It won't be easy to do, but we know that the issue of Jerusalem must be part of the package deal we have to achieve to obtain a peace agreement with the Palestinians."

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Women's evening

The Women's Auxiliary of the Kehillat Ottawa and the Soloway Jewish Community Centre (SJCC) hosted an elegant evening for women, May 19, at the SJCC. More than 250 women were on hand to hear guest speaker Lori Palatnik's inspirational lecture, 'The Gift of Life: Why I Gave My Kidney to a Woman I'd Never Met.'

Lori Palatnik (left) with event MC Bonnie Boretsky.



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Readers and advertisers are advised the next edition of the Ottawa Jewish Bulletin will be published on Monday, August 17, 2008.

Deadline date is Wednesday July 29.

Ruppin Academic Center awards honorary fellowship to A.J. Freiman

By Margo Roston

Our father, Lawrence Freiman, once owned a large sculpture called *Yesterday, Today and Tomorrow*.

It was fitting, therefore, that my brother, Ottawa businessman A.J. Freiman, used that piece of art as a reference when he received an honorary fellowship from the Ruppin Academic Center in Emek Hefer, Israel, and helped launch the newly minted Canadian Friends of Ruppin organization to help the ongoing development of the school.

"Yesterday" referred to the role our grandfather, A.J. Freiman, played in the establishment of Emek Hefer, an agricultural region in the centre of Israel, located on the shores of the Mediterranean between the towns of Netanya and Hadera.

In 1927, Freiman, then president of the Zionist Organization of Canada, spearheaded a drive to raise an unheard of \$1 million from Canadian Jewry. He had been approached by Menachem Mendel Ussiskin from the Jewish National Fund, who came to see him with a request to raise the sum needed to redeem close to 46,000 dunam of land known, by its Arabic name, as Wadi

Hawareth, but biblically, as Emek Hefer and the Plain of Sharon.

The area is dotted with kibbutzim and moshavim, and, for their devotion to the Zionist cause, one moshav, Havazelet Hasharon, is named for our grandmother, Lillian Freiman, while the adjoining moshav, Bitan Aharon is named after our grandfather, whose Hebrew name was Aharon Yaakov ben Hersh.

Today, one of the most prominent institutions in the area is the Ruppin Academic Center, founded in 1949 to provide administrative education for Israel's agricultural settlements. Since then, it has attained the highest academic standards offering degrees in engineering, social sciences and marine sciences with a campus nearby at the beach town of Michmoret, and an Institute for Immigration and Social Integration.

The centre recently hosted a visit from Canadian Minister of Citizenship, Immigration and Multiculturalism Jason Kenney who sat in on a special roundtable discussion on "Key Issues in Immigration and Social Integration: The Canadian and the Israeli Cases," as well as a working session to discuss

potential options for intensification of academic relations with Canada in the field of immigration and social integration.

It was with delight that my brother, A.J. Freiman, talked about "yesterday, today and tomorrow" at the centre's June 9 graduation ceremony. On a balmy night, on an outdoor stage on the grounds of the school, before Ruppin board members, academic staff and 900 graduating students, he used the sculpture as his guideline to talk about his commitment, today and tomorrow, to the Ruppin Academic Center.

"Today, I have been given the chance, as the grandson of A.J. Freiman, to represent a proud family and to help in the development of the Ruppin Academic Center," Freiman said, acknowledging the presence of his wife Ruth, his daughter Ariel, his cousin Betsy Rigal, her son Bruce, her grandson Joseph, 12, who came from London, and me.

During the festivities and activities held to mark Freiman's honorary fellowship, Jon Allen, Canada's ambassador to Israel, hosted a well-attended reception at his residence to launch the Canadian Friends of Ruppin.



A.J. Freiman accepts his honorary fellowship from the Ruppin Academic Center on June 9.

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Volunteer spotlight

Eager co-chairs lead Kosher Food Bank

By Benita Siemiatycki

Most of us take our well-stocked fridges and pantries for granted. All we have to do is reach in and grab what we want. Visits to the grocery store are routine. We schlep home our purchases, put them away and don't give them another thought.

But, for 40 of Ottawa's Jewish families, grocery store visits and well-stocked kitchens are possible only because of support from the Ottawa Kosher Food Bank. Co-chairs Karen Fainstein and Linda Shiff are the back-room organizers, keeping the well-oiled machine running. They have been at the helm of the food bank for five years.

Karen got involved about 10 years ago when she and her husband Ron began helping with food distribution. Five years ago, her retirement as a physiotherapist coincided with the departure of the previous food bank chair. With more time on her hands, and a commitment to helping the less fortunate, Karen agreed to take over, as long as her friend Linda joined her. While Karen had knowledge of the food business, she credits Linda,

who does bookkeeping for her husband's dental practice, for her organizational skills.

"Linda thinks of all the disasters that could happen and plans for them," she jokes.

Growing up in the small town of Sussex, New Brunswick, Karen's parents owned a small grocery store. Her father frequently made anonymous food donations to needy families in the area. So the food business comes naturally to her, as does the desire to help people. As a child, she and her friends would stop at her father's store on the way home from school and pick up free snacks — leading her to believe nobody paid for their food, Karen jokes.

Linda's involvement is not so steeped in history.

"I like to eat," she laughs, adding, "I sympathize with people who don't have enough. I can't imagine what it would be like to raise a family and not have enough money to put food on the table."

The Kosher Food Bank operates out of Agudath Israel Congregation, which provides administrative sup-

port. It was the brainchild of Rahmi Arnold Fine 12 years ago. Drivers regularly pick up food donations from bins located at each Ottawa synagogue, the Soloway Jewish Community Centre and Loblaws College Square. They are brought to Agudath Israel where Karen and Linda sort through the donations to ensure they have a *hechsher*, indicating they are certified as kosher. Anything that's not accepted as kosher is passed on to the Ottawa Food Bank. Similarly, the Kosher Food Bank is an agency of the Ottawa Food Bank, which means the co-chairs go once a month to sort food for the larger community, and return to Agudath Israel with a van full of kosher food.

The 40 families served by the Kosher Food Bank have been assessed and referred by social workers at Jewish Family Services. Families complete a questionnaire indicating what foods they'd like to receive from a prepared list of staples. Food packages are then prepared and distributed once a month. The packages are not meant to feed a family for a month, but to sup-



Linda Shiff (left) and Karen Fainstein with the Kosher Food Bank bin in the lobby of the Soloway Jewish Community Centre.

(OJB Photo: Benita Siemiatycki)

ment what they purchase on their own or receive from another agency. A team of volunteers headed by Susan Katz prepares the packages. Happily, sometimes a family's financial situation improves and they can be taken off the food bank's client list.

The Kosher Food Bank chair's job is almost like operating a busi-

ness. Karen and Linda order food from wholesalers, sort food donations, plan advertising, create budgets and apply for grants. About \$6,000 per month is spent to purchase food and Loblaws gift cards, which the food bank's clients use to purchase dairy products and fresh produce. Individual donations and a few endowments make up the bulk of the much-needed revenue. Rideau Bakery generously donates 80 loaves of bread per month.

Both women enjoy their volunteer jobs and relish the satisfaction they get on distribution days.

"This is very concrete work," says Karen. "Every time we do something, we see results. And the clients are such nice people. They're very appreciative."

Linda believes that providing kosher food to needy families helps to strengthen their ties to Judaism. Many of the families are immigrants and couldn't easily practise Judaism in their country of origin.

Donations of kosher food and money are always welcome. Products with a *hechsher* can be dropped off at any Kosher Food Bank bin. To make a donation, or set up an endowment, call Agudath Israel at 613-728-3501. For a greater impact, the community is asked to hold food drives or to create attractive centrepieces of kosher food for a simcha, which are donated to the Kosher Food Bank afterward. For guidance on what foods could be included, call Karen at 613-725-0473.

Benita Siemiatycki of the Jewish Ottawa InfoCentre profiles community volunteers in the Bulletin.

Many organizations are in desperate need of volunteers. Call the InfoCentre at 613-798-4644 for information.

Gina and Howard Grant honoured by Ottawa Hadassah-WIZO, May 24

By Esther Kulik
President OHW

Gina and Howard Grant were the honourees of this year's Hadassah-WIZO tea sponsored by the Amit, Mollie Betcherman and Ina McCarthy chapters. More than 100 guests attended, May 24, at the home of Robin Chemick and Norm Leckie. The tea convener was Sophie Frenkel.

Gina and Howard have been passionate supporters of numerous projects in the Ottawa Jewish community, in the larger Ottawa community and in Israel for many years.

Oliver Grant spoke beautifully about his parents on behalf of his brother Leo and himself, describing his parents' incredible desire to lend a helping hand to many worthy causes and the significant impact they have had on the various charities with which they have been involved over the years, including Hadassah-WIZO, the Humane Society, the Variety Club of Ottawa, Jewish National Fund, Ottawa Modern Jewish School, to mention a few.

Lynn Gillman and her husband Bohyy have been friends of the



Howard and Gina Grant, Ottawa Hadassah-WIZO honourees

Grants for more than 26 years.

"As members of Hadassah-WIZO," Lynn said, "we plotted our numerous fundraisers and supported one another on the various projects.

"No matter what project Gina chaired, she always got involved in any task that needed to be taken care of. Howard was always just a few steps away, setting up, taking down, cleaning up and always welcoming and kibitzing."

Gina has served in many leader-

ship roles for Hadassah-WIZO, at the chapter, council and national levels. Howard is a founding member of Ottawa's newly created Leadership Board to End Homelessness. The Grants are deeply concerned about the most vulnerable people in both our community and in Israel.

"They truly have *derekh eretz*," said Lynn. "Leeds, England's loss has been Ottawa's gain. They came here on a lark and found a life. For that we are all grateful."

"They have been leaders, mentors and friends to us all."

Gina and Howard chose the newly renamed Terry Schwarzfeld Ottawa Daycare Centre in Acco, Israel, to be the recipient of donations made to this year's tea. The centre, which opened in 1960, provides daily care to more than 59 children, who come from a variety of backgrounds, including a welfare referral program. It is one of six daycare centres Canadian Hadassah-WIZO (CHW) supports in Israel.

CHW daycares provide loving care and an educationally enriched environment for hundreds of children, aged four months to four years. The children enjoy numerous activities that promote and enhance their social and emotional well-being, physical and motor skills development, learning readiness, artistic and musical expression, intellectual curiosity and sense of fun.

To contribute to the Terry Schwarzfeld Ottawa Daycare Centre fund, contact the CHW Ottawa Centre office at 613-798-7644 or by mail at 1301 Prince of Wales, Ottawa, Ontario K2C 1N2, or visit chw.ca.



Hillel Lodge

LONG-TERM CARE FOUNDATION

*In support
of the Bess and Moe
Greenberg Family
Hillel Lodge
In the Joseph
and Inez Zelikovitz
Long Term Care Centre*

Card Donations

Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.

On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation between May 27 and June 29, 2009 inclusive.

HONOUR FUNDS

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named Honour Fund (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge Honour Fund is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

Bill and Leona Adler Memorial Fund

In Memory of:

Rabbi Shalom Dov Ber Gourarie by Elayne Adler and Farley, Jordan and Benjamin Stenzler

Anne Edelson by Marilyn Adler

Minnie Raskin by Elayne Adler and Farley, Jordan and Benjamin Stenzler; Jeff, Kim and Julie Adler, and Marilyn Adler and Neil and Daniel Blacher

In Honour of:

Joanie Asch' Mazal tov on your son's Bar Mitzvah by Elayne Adler and Farley Stenzler

Cantor Daniel Benolo in appreciation by Daniel Blacher

Daniel Blaeber Mazal tov on your Bar Mitzvah by Genevieve and Roger Haziza; and Mory Macleod and Jonathan Stokes

Cheryl Cogan in appreciation by Marilyn Adler

Rabbi Shimon Fogel in appreciation by Daniel and Neil Blacher, and Marilyn Adler

Evelyn Greenberg in appreciation by Daniel Blacher

Aviva Lightstone in appreciation by Daniel Blacher

Irv Osterer in appreciation by Daniel Blacher

Joe Osterer in appreciation by Daniel Blacher

Iszie Scarsowky in appreciation by Daniel Blacher

Stephen Schneiderman in appreciation by Daniel Blacher

Gittel Sheffeld in appreciation by Marilyn Adler, Neil and Daniel Blacher

Staff and Residents of Hillel Lodge in appreciation by Daniel Blacher

R'fuah Shlema:

Janet Kaiman by Elayne Adler, Farley, Jordan and Benjamin Stenzler, and Marilyn Adler, Neil and Daniel Blacher

Samuel and Jeen Akerman Memorial Fund

Sarah and Arnie Swedler Wishing you only good

things on your anniversary and always with love by Sheila and Larry Hartman

Auxiliary of Hillel Lodge Fund

In Honour of:

Daniel Blacher Mazal tov and much nachas on the occasion of your Bar Mitzvah by Carolyn and Sid Katz and Bessie Taller

Elsie Beker Endowment Fund

In Memory of:

Bruce Kirkpatrick by Polly and Jack Moran, Gail and Ron Baker

In Honour of:

Eleanor and Hy Cutler Mazal tov on the birth of your first great-grandchild with love by Polly and Jack Moran

Marlene and Gerry Rabinovitch Mazal tov on your granddaughter's wedding by Polly and Jack Moran

Elaine and Irwin Singer Mazal tov and best wishes on your 60th anniversary by Polly and Jack Moran

Fred and Esther Ballon Family Fund

In Honour of:

Mr. and Mrs. Marvin Blackstein Mazal tov and best wishes for many happy years together by Betty Ballon, and Esther and Freddie Ballon

Jack and Betty Ballon Family Fund

A generous donation was made to this fund by Henry Ballon

Jenny and Murray Citron Endowment Fund

In Honour of:

Eileen Goldberg Mazal tov and best wishes on your birthday by Murray Citron

R'fuah Shlema:

Eileen Barak by Sarah, Michel, Jared and Darren Lipski

Tania Firestone Family Fund

In Honour of:

Cathy Maron Best wishes for a very happy birthday by Ida Firestone

Friedberg and Dale Families Fund

In Honour of:

Rabbi Reuven P. Bulka Mazal tov on reaching the ripe young age of 65 by Elaine Friedberg and Bob Dale

Hudi Kalserman Mazal tov on becoming a member of the Dr. Kaiserman club by Elaine Friedberg and Bob Dale

Melcolm and Vera Glube Family Fund

In Memory of:

Gordon Allen by Vera and Malcolm Glube

Sheila Finestone by Vera and Malcolm Glube

Libby Glube by Dorana and Tom Gottlieb

In Honour of:

Diane and Allen Abramson Mazal tov and best wishes on your 25th anniversary by Vera and Malcolm Glube

Marlene and Hymie Reichstein Mazal tov and best wishes on your 45th anniversary by Vera and Malcolm Glube

R'fuah Shlema:

Gerry Levitz by Vera and Malcolm Glube

Nell Gluck Memorial Fund

In Memory of:

Chuck Dalfen by Maureen and Henry Molot

Anne Edelson by Maureen and Henry Molot

Rabbi Shalom Dov Ber Gourarie by Maureen and Henry Molot

In Honour of:

Mr. and Mrs. Mordechai Bendat Mazal tov on the birth of your third grandchild, Alyssa Batheva Bendat

Fisher by Julia, Ted and Jess Overton

Rabbi Alan and Linda Cohen Mazal tov on Rafi's graduation from JTS and his rabbinical ordination. What a milestone by Maureen and Henry Molot

Rabbi Rafi Cohen Mazal tov on your ordination as Rabbi by Julia, Ted and Jess Overton

Julia Gluck and Ted Overton Mazal tov on Jess's graduation from McGill University by Maureen and Henry Molot

Dr. Manuel Gluck Mazal tov on the engagement of Atara by Maureen and Henry Molot

Sharonne and James Katz Mazal tov on the birth of your daughter, Eliana by Maureen and Henry Molot

Ingrid Levitz Mazal tov on your receipt of the Gilbert Greenberg Distinguished Service Award, a fitting recognition of your many contributions to our community by Maureen and Henry Molot

Maureen and Henry Molot Wishing that the future continues to bring you only happy events by Esty Bybelezer

Richard Nesblitt Mazal tov on being accepted to graduate school by Julia, Ted and Jess Overton

Jess Overton Mazal tov on your graduation from McGill University with love and best wishes by Maureen and Henry Molot

Miriam Rand Mazal tov on your Bat Mitzvah by Julia, Ted and Jess Overton

Miriam Schlanger Mazal tov on your 90th birthday and bis hundred zwanzig by Julia, Ted and Jess Overton

Rabbi and Mrs. Michael Shpukt Best wishes for much success on your forthcoming move by Maureen and Henry Molot

Diana Tabak Mazal tov on completing your Master's degree by Julia, Ted and Jess Overton

R'fuah Shlema:

Gerry Levitz by Maureen and Henry Molot

Evelyn and Irving Greenberg Fund

In Honour of:

Elyn Holzman and Jamie Ursel Wishing you Mazal tov on your engagement with love from a very proud aunt by Evelyn Greenberg

Mr. and Mrs. Alex Macklin Wishing continued good health to Bill Macklin by Evelyn Greenberg

Stephen Victor Mazal tov on receiving an honorary fellowship from the Hebrew University of Jerusalem by Evelyn Greenberg

Moe Greenberg and Elissa Greenberg Iny Fund

In Memory of:

Sheila Finestone by Elissa and Avraham Iny

In Honour of:

Roz and Steve Fremet Mazal tov and best wishes on the engagement of your son Adam by Elissa and Avraham Iny

Estelle Gunner Mazal tov on receiving the Shem Tov Award, a very well deserved honour by Elissa and Avraham Iny

Ingrid Levitz Mazal tov on receiving the Gilbert Greenberg Distinguished Service Award, a very well deserved honour by Elissa and Avraham Iny

Eric Weiner Mazal tov on receiving the Shalom Perel President's Award of Merit from Hillel Lodge, a well-deserved honour by Elissa and Avraham Iny

Gunner Family Fund

In Memory of:

Anne Edelson by Estelle and Sol Gunner

In Honour of:

Marilyn Adler and Neil and Daniel Blacher Mazal tov on this wonderful occasion of Daniel's Bar Mitzvah by Estelle and Sol Gunner

Estelle Gunner Mazal tov on receiving the Shem Tov award, a very well deserved honour by Flo and Joel Morgan; Sheila and Ozzie Silverman; Sylvia and Bert Bronshter; and all your friends at Creative Connections

Estelle and Ian Melzer Mazal tov on the birth of your grandson by Estelle and Sol Gunner

Frank and Lily Hoffenberg Family Fund

In Memory of:

Charles Daffen by Rose Ann and Ron Hoffenberg

Nordau and Roslyn Kanigsberg Family Fund

In Memory of:

Chuck Daffen by Roz and Nordau Kanigsberg

Sheila Finestone by Roz and Nordau Kanigsberg

David, Hervey, Victor Kerdish Family Fund

In Memory of:

Gordon Allen by Sheryl and Harvey Kardish and family

Morris and Lillian Kimmel Family Fund

In Memory of:

Daniel Sherman by Morris Kimmel, Janet, Steven, Brenda and families

In Honour of:

Daniel Blacher Mazal tov on your Bar Mitzvah by Morris Kimmel

Mike Levine Thank you for all your support and energy, have a happy and healthy birthday by Brenda, Nathan, Jesse and Daniel Levine

Sara Breiner Thanks for everything and wishing you the best in your new position by Janet Kaiman

Ellie, Elyse and Pearl at Hillel Academy Thanks for everything. Have a great summer by Janet Kaiman

Joan and Russell Kronick Family Fund

In Memory of:

Sheila Finestone by Joan and Russell Kronick

R'fuah Shlema:

Gerry Levitz by Joan and Russell Kronick

Bill and Phyllis Leith Family Endowment Fund

In Memory of:

Sheila Finestone by Arlene and Seymour Isenberg

In Honour of:

Ingrid Levitz Mazal tov on receiving the Gilbert Greenberg Distinguished Service Award by Roslyn and Arnie Kimmel and family

R'fuah Shlema:

Eileen Barak by Lisa, David, Sydney and Zachary Leith

Levenson-Polowin Feeding Fund

In Memory of:

Justice deLobe Panel by Heidi and Steve Polowin

In Honour of:

Norman Barwin Mazal tov on receiving an honorary doctorate by Inez Zelikovitz

Marda and Barry Cantor Mazal tov on your son Jeremy's engagement to Shelby Kremin by Inez Zelikovitz

Fay Koffman Best wishes for a very happy 85th birthday by Pat Guthrie, and Zena Lieff

(Continued on page 14)

**THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT
AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING
IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.**

GIVING IS RECEIVING – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS

Here's a good opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time support the Lodge. Card orders may be given to Debra or Rhonda at 613-728-3900, extension 111, 9:30 am to 3:00 pm Monday to Thursday, 9:00 am to 2:00 pm Friday. You may also e-mail your orders to donations@hillel-ltc.com. E-mail orders must include name, address, postal code, and any message to person receiving the card; and, amount of donation, name, address and postal code of the person making the donation. Cards may be paid for by Visa, Mastercard, American Express, Cheque or Cash. Contributions are tax deductible.



(Continued from page 13)

Steve Polowin Mazal tov and best wishes on your 60th birthday! May you have many more good years of health and happiness together with your family and friends by Marcia and Barry Cantor; and Freda and Manny Grill

R'fuah Shlema:

Gerry Levitz by Heidi and Steve Polowin

Chaim and Raja Miller Memorial Fund

In Memory of:

Lilby Glube by Marcia Saife and Ted Miller
Ruth Pencer by Marcia Saife and Ted Miller

Abe and Bertha Palmer Endowment Fund

In Memory of:

Judy Burstein by Nancy Pleet and Evan Pleet
Bertha Palmer by Nancy Pleet and Evan Pleet; and Elaine Sigler and Joel Weiner

Shirley and Maurice Rose Memorial Fund

In Honour of:

Cynthia and David Blumenthal Congratulations on the happy occasion of your 40th wedding anniversary by Mavis and Simon Wasscerberger

Irma and Harold Sachs Family Fund

In Honour of:

Dr. Norman Barwin Mazal tov and best wishes on receiving an honorary doctorate by Irma and Harold Sachs

Schachter-Inger Family Fund

In Memory of:

Fania Ingber by Abraham Fuks; Cynthia, Malcolm, Jenna and Zak Rose; Hilary Bruun and the partners at Quantum Management Services; and Lois and Christian Herzeca

In Honour of:

Amalla and Stan Winer Mazal tov on the birth of your grandson Zev. May you surround him with your love and the love of his parents and sister Nava, forever by Rachel, Howard, Davida and Josh Schachter

Stephen and Debra Schneiderman Family Fund

In Memory of:

Ruth Berlin by Debra and Stephen Schneiderman
Anne Edelson by Debra and Stephen Schneiderman
Sheila Finestone by Debra and Stephen Schneiderman
Gerti Flegg by Debra and Stephen Schneiderman and family

Babey Trepman by Debra and Stephen Schneiderman and family

In Honour of:

Andrea Black and Michael Charto Mazal tov on Michael's uruf and on your upcoming wedding by Stacey Schneiderman and Stephen Rich

Sharon and Paul Finn Mazal tov on your daughter Davina receiving the George Joseph Cooper Scholarship and on all her other wonderful accomplishments by Debra and Stephen Schneiderman

R'fuah Shlema:

Janet Kalman by Debra and Stephen Schneiderman
Bessie Waxman by Maury and Harvey Cooperberg

Harold and Lillian Shoheit Memorial Fund

In Memory of:

Beloved mother of Rabbi Beruch Clinton by David Shoheit

In Honour of:

Saul (Red) Fisher Mazal tov on your national newspaper award and on your forthcoming 83rd birthday by Dave Shoheit and family

Label and Leona Silver Family Fund

In Memory of:

Rabbi Sholom Dov Ber Gourarie by Leona and Label Silver

In Honour of:

Blanche and Joe Osterer Mazal tov on your 57th

wedding anniversary. Wishing you many, many more years of health and happiness by Leona and Label Silver

Gaye and Joel Taller Mazal tov on the marriage of your son Adam to Juline by Leona and Label Silver

Ralph and Anne Semberg Memorial Fund

In Memory of:

The dear sister of Sonny Segal by Laya and Ted Jacobsen

R'fuah Shlema:

Arthur Klein by Laya and Ted Jacobsen

Brian Strain by Laya and Ted Jacobsen

Sarah and Amie Swedler Family Fund

In Memory of:

Sheila Finestone by Sarah and Arnie Swedler

In Honour of:

Daniel Blacher Mazal tov on your Bar Mitzvah, wishing you and your family lots of nachas by Sarah and Amie Swedler

R'fuah Shlema:

Meryl Genger by Sarah and Amie Swedler

Marion Silver by Sarah and Amie Swedler

Sarah Swedler by Dee and Yale Gaffen; Ethel and Abe Murray; Sandi and Raoul Komgold; and Evelyn and Joseph Lieff

Roslyn and Myles Taller Family Endowment Fund

In Honour of:

Daniel Blacher Mazal tov to you and your family on the occasion of your Bar Mitzvah by Roz and Myles Taller

Judy and Eddie Kerzner Mazal tov on your 50th Anniversary by Roz and Myles Taller

Jerry Nudelman Wishing you a very happy birthday by Roz and Myles Taller

Louis and Diane Tannenbaum Family Fund

A very generous donation was made by The Honourable Mr. Justice Louis and Mrs. Diane Tannenbaum on the occasion of their 50th wedding anniversary.

In Honour of:

Diane and Lou Tannenbaum Mazal tov on your 50th wedding anniversary by Barbara and Avrum Cohen

Edith Teitelbaum and Eddie Zinman Memorial Fund

In Memory of:

Charles Dalben by Fuzzy and Max Teitelbaum

In Honour of:

Estelle Gunner Mazal tov on receiving the Shem Tov Community Volunteer Award by Joanna and Ira Abrams

R'fuah Shlema:

Toby and Joel Yan Family Fund

In Honour of:

Betty Yan In appreciation of saying Yizkor for Maxwell Yan on Pesach and Shavuot by Joel Yan

Carole and Norman Zagerman Family Fund

In Memory of:

Nancy Ritt-Headley by Carole and Norman Zagerman and Andrea and Laurie Arron

In Honour of:

Donna Dolansky Mazal tov on becoming President of the Jewish Federation of Ottawa by Carole and Norman Zagerman

Alfred Friedman Happy special birthday by Carole and Norman Zagerman

Ingrid Levitz Mazal tov and best wishes on receiving the Gilbert Greenberg Distinguished Service Award by Carole and Norman Zagerman

Sarah and Arnie Swedler Wishing you a hearty Mazal tov on your anniversary by Carole and Norman Zagerman and Andrea Arron

R'fuah Shlema:

Suzanne Cohen by Carole and Norman Zagerman

Elinor Ritt by Carole and Norman Zagerman

Feeding Program

In Memory of:

Sheila Finestone by Dee and Yale Gaffen

R'fuah Shlema:

Gerry Levitz by Carol and Larry Gradus

Music Therapy Program

In Memory of:

Charles Dalben by Ingrid and Gerry Levitz

Ritual Fund

In Memory of:

Fernand C. Bybeler The Foundation would like to thank the Bybeler family for a very generous donation to this fund in memory of their beloved husband, father and grandfather

Therapeutics Program

In Honour of:

Estelle Gunner Mazal tov on receiving the Shem Tov Community Volunteer Award by Joanna and Ira Abrams

Ingrid Levitz Mazal tov on receiving the Gilbert Greenberg Distinguished Service Award by Joanna and Ira Abrams

R'fuah Shlema:

Gerry Levitz by Joanna and Ira Abrams

* * * * *

IN MEMORY OF:

Eric Babar by Elaine Sloane

Harry Bernstein by Nancy Pleet and Evan Pleet

Judy Burstein by Alyce and Allan Baker and family

Morris Cymbaluk by Judy Cleiman, Daniel and Erin

Charles Dalben by Evelyn Greenberg, Beverly and David Gluzman; and Alyce and Allan Baker

Cheryl, beloved daughter of Marie Doduck by Rabbi Levy and Dina Teitelbaum

Anne Edelson by the Residents, Board and Staff of Hillel Lodge; Miriam and Victor Rabinovich; Ingrid and Gerry Levitz; and Lillian Kahan and Sally Matook

Sheila Finestone by Ingrid and Gerry Levitz; and Evelyn Greenberg

Rachel Gould by Anne Steinberg

Lilby Glube by Ethlyn and Barry Agulnik; Zahava and Barry Farber; Sandy Zagor; and Beverly Friedman

Zelda Greenberg by Anne Steinberg

Sally Maser by The Speech-Language Pathologists at the Ottawa Hospital; Lisa Fischer and family; Dorothy and Philip Ritman

Monty Shulman by Bev, Bryan, Alison and Rob Glue

Beloved Mother of Patricia Baptiste and Brenda Oliviere by The Residents, Board and Staff of Hillel Lodge

IN HONOUR OF:

Carol and David Ahkey Mazal tov and best wishes on your 40th anniversary by Leah and Yitzhak Kalin

Michael Abney Best wishes on your 60th birthday by Esther and Ron Partitzky; and Julie Kanter and Peter Hoyt

Daniel Aaron Blacher Wishing you Mazal tov on your Bar Mitzvah by Helen Trachtenberg; Catherine and Jim Montgomery; Elizabeth and Serge Richard; Rachel Gewurz; Elaine Stone; Eileen, Ann and Stan Goldberg; Rita and Maurice Ryant; Agnes and Tibor Schatzles; Patricia Guhrie; Debbie and Stephen Schneiderman; Frances Rothman; Isse and Leah Scarrowsky; Ingrid and Gerry Levitz; Sara and Hugh Shabsove; Suzy Sauve; Lilian Kahn and Sally Maiouk; Sylvia and Michael Caplan; Maylen Charcos; Polly Cohen; Rose Stein; Patty Haas; Yehudit Stokes; Toba Shuster; Joanna and Ira Abrams; Sheila Bahar; Bev and Bryan Glube; Morag Burch; Janice and Claude Charbonneau; Dmitri Gamarnik; Helen Rosenthal; Barb and Joel Diener; Mariel Griffith; Judy Lamarche; Doris Fiume and Brian Borts; and Jo Fisher; and Jackie Lyons; Gary, Maya and Ben Stein

Joel Diener Best wishes for a very happy 50th birthday by Charles Schachner; Felice, Jeff, Erin, Jordan, Zachary and Mitchell Pleet; and Joy, Eric and Becki Weisblum; Joy and Seymour Mender; Bev and Bryan Glube; Sharon and David Appotive; Barbara Fine and Steve Levinson; Sharon and Paul Finn; and Mark Borts

Donna Dolansky Mazal tov on becoming chairwoman of the Jewish Federation of Ottawa by Janet and Norm Ironstone

Barbara Farber Mazal tov on the completion of your term at UTA Canada by Alyce and Allan Baker and family

Lily Feig Happy birthday and many more happy and healthy ones by Malca Feig

Jose and David Finestone Mazal tov and best wishes on your 25th wedding anniversary! It was a wonderful party and wonderful to celebrate with you by Anna and Ronny Cantor

Eileen Goldberg Mazal tov and best wishes on your 95th birthday by Ethel and David Malek and family; and loving grandchildren and great grandchildren Claudia, Eve, Jason, Julie, Jake, Maya and Cooby

Barbara Greenberg and Barry Bokhaut Mazal tov on the occasion of Barry reciting the mafot on Shabbat, June 6 by Gary Shechtman

Morty Hersh My very best wishes on your special birthday with love by Joan Bloom

The Hinberg family Mazal tov on your simcha by Iissie and Leah Scanowsky

Jennifer Kardash Mazal tov on your outstanding accomplishment of being named the recipient of the Frieman Family Young Leadership Award by Beverly, David, Jory and Mark Gluzman

Carol Kershman Mazal tov and best wishes on your birthday by Zahava and Barry Farber

Lorne Kerzner Mazal tov on your graduation from Yitzhak Rabin High School by Zahava and Barry Farber

Ingrid Levitz Mazal tov on receiving the Gilbert Greenberg Distinguished Service Award by Brenda, Stephen and Matthew Stein; Arlene and Gary Bonn and family; and Beverly, David, Jory and Mark Gluzman

Estelle and Ian Melzer Mazal tov on the birth of your grandson by Sheela and Ozzie Silverman

Flo Morgan Mazal tov on receiving the community volunteer award by Tanya and Marty Abrams

Arons and Hy Rabinovitch In appreciation by Tanya and Marty Abrams

Lilby Glube and Leo Ratner Mazal tov on your 50th wedding anniversary by Arlene and Norm Glube

Isie Scarowsky In appreciation by Tanya and Marty Abrams; and Morris Schachnow

Sandra and Norman Slover Mazal tov on the graduation of your son David by Beverly Friedman

Dena Spevack and Ted Cooke Wishing you the best of luck in your retirement by Sheela and Ozzie Silverman

Golda and Ned Stelman Happy anniversary to both of you and many more happy and healthy ones by Malca Feig

R'fuah Shlema:

Jackie Levinson by Anna and Ronny Cantor

Sarah Swedler by Sara and Hugh Shabsove; and Anna and Ronny Cantor

The Foundation would like to acknowledge the following:

Dr. and Mrs. Joseph and Devora Caytak Sincere thanks and appreciation for opening the Dr. Joseph and Devora Caytak family Fund

Leo Elitsky Sincere thanks and appreciation for a very generous donation made in memory of his mother, Tatiana Elitskaya

Hadar Maoz off to Israel for Grades 10 to 12

By Michael Regenstreif

Ottawa student Hadar Maoz, 15, finished Grade 9 last month at Yitzhak Rabin High School. But, come September, she'll be settling in at Mosenzon High School, a boarding school in Hod Hasharon, an Israeli community not far from Tel Aviv.

Maoz, a graduate of Hillel Academy, is one of a select group of 60 Grade 10 students from North America chosen to participate in the Elite Academy program in Israel for the next three years. The students will complete Grades

10 through 12 in the program, studying on full scholarships funded by the Jewish Agency for Israel and the Israeli government.

It was at a Shabbat dinner with friends from Israel that Maoz, daughter of Hillel Academy student services co-ordinator Tal Gilboa, first heard about the Elite Academy program.

"I looked it up online," she told the *Bulletin* in an interview last month, "and it was something I wanted to do."

The three-year scholarships awarded to Grade 10 students like

Maoz include tuition, room and board, medical insurance, pocket money, budgets for travel within Israel and for maintaining telephone contact with parents and a free return flight to Israel.

"I'll miss my friends," said Maoz of her decision to spend her last three years of high school away from them. Some of my friends think I'm crazy, that Israel is always at war.

"But, it's Israel. My mom says 'How do you deny that?'"

Maoz has already met three of her future classmates – a Canadian student from Winnipeg and two Americans – and looks forward to meeting many more when she gets to school in Israel in September.

"It will be new, exciting and

fun," she predicted.

Maoz's enthusiasm for Israel is palpable.

"I'll probably stay in Israel," she said when asked about her future plans.

Her father's family is from Kibbutz Ginegar in northern Israel near Afula. She thinks eventually she might like to become a veterinarian working on a moshav or kibbutz taking care of the farm animals.

She's also looking forward to occasional opportunities to visit Ottawa during school vacations over the next three years.

Information about the three-year Elite Academy program in Israel for Grades 10 through 12 students is available at elite-academy.org.



Hadar Maoz will complete her final three years of high school in Israel in the Elite Academy program.

(OJB Photo: Michael Regenstreif)

Jewish-Somali mentorship project to launch in Ottawa

By Diane Koven

The Jewish community is known for giving its newcomers a helping hand. That doesn't always mean financial assistance, but often just helpful information, advice and guidance. As immigrants become seasoned Canadians, they in turn share their expertise with the next generation of new arrivals.

Thus, the organized Jewish community seems the ideal partner for a new initiative to help Somali immigrants integrate into Canadian business and professional life. The Jewish Somali Mentorship Project, a joint initiative of the United Jewish Appeal of Greater Toronto, Canadian Jewish Congress (CJC), Canadian Somali Congress, Canadian International Peace Project and Canadian Heritage, has received funding of \$473,640 from the federal government.

Following its May launch in Toronto, where the first couple of mentorship partnerships have begun, the project plans to launch in various cities across the country, including Ottawa.

The aim of the program is to match Canadian-Somali students and young professionals with mentors from the Jewish community who will help to support, encourage and guide them in their pursuit of various business and professional goals. Although the Somali community is the largest African diaspora community in Canada, and one of the largest Muslim communities in Canada, it is also one of the most socially and economically disadvantaged. This project is an attempt to train members of the community to

assume leadership roles within their own community, following the successful pattern of the Canadian Jewish community.

"Canadian Jewish Congress became the obvious choice in terms of partnership because we have the grassroots ability to be able to reach out to various members of the community," said CJC CEO Bernie Farber. "We are the pivotal point and we will be working with the other groups as well because we want this to be as far reaching as possible."

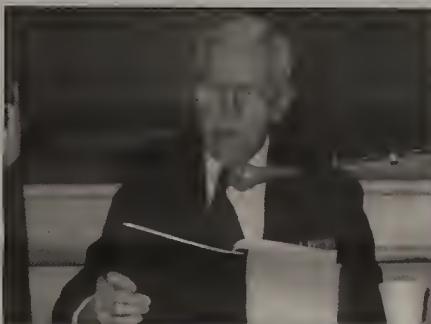
The idea of pairing a Jewish mentor with a Somali mentee will, hopefully, have far-reaching benefits even beyond the obvious, professional ones.

"The concept of having a Jewish and Muslim partnership such as this is a model that can be emulated not only across the country but literally across the continent and around the world," said Farber.

Although the project is in its infancy, Farber is optimistic about its success.

"Our community is a seasoned, senior community in Canada with the ability and resources to make this work," he said.

CJC is looking for Ottawa mentors and will be contacting Jewish Family Services to build on its existing relationship with the local Somali community. Anyone interested in exploring the possibility of sharing some time and professional expertise is asked to contact the CJC Ottawa office at 613-233-8703. Further information on the program is available on the Canadian International Peace Project website at canadianipp.org.



D-Day discussed

Retired Colonel Edmond Hutchison, an officer during the D-Day invasion, spoke, June 16, about his wartime experiences at a joint program of the Jewish War Veterans Ottawa Post, AJA 50+ and Creative Connections.

A number of guests from Branch 638 of the Royal Canadian Legion also attended.

Hutchison noted that he is a member of the Soloway Jewish Community Centre and exercises regularly there.

(OJB Photo: Michael Regenstreif)



Foundation AGM

Board and staff members of the Ottawa Jewish Community Foundation gather, June 10, at the Foundation's annual general meeting.

Front row (left to right): Jared Isaacson, assistant director; Chuck Merovitz, chair; Harold Feder, chair; Pam Stelcner; Francine Paulin, Foundation associate; Lynne Oreck-Wener; and Michael Landau, secretary. (back row): Gilad Vered; Eddy Cook; Yoni Freedhoff; Richard Roth, vice-chair; Jack Silverstein, president; Ken Ages; and Mark Shabinsky.

(Photo: Peter Waisel)

Tamir hosts grand opening for new home

By Sue Walker
Tamir Foundation

Tamir opened the doors of our newest residential home, a house on Riddell Avenue, between Lenester and Carling, to friends, family, neighbours and guests on Sunday, June 7.

"I can't believe how big and beautiful it is," was the type of comment heard from many visitors attending the grand opening.

Among the dignitaries on hand bringing best wishes were Esther Kwavnick, Tamir president; Ottawa West-Nepean MPP Jim Watson; Jonathan Freedman, past-chair of the Jewish Federation of Ottawa; and Mary Jelinic, program supervisor from the Ministry of Community and Social Services.

The grand opening ceremony for the home began with a performance by the Tamir Neshama Choir with a



Residents, choir members, staff, volunteers, friends and neighbours celebrate the grand opening, Sunday, June 7, of Tamir's new home on Riddell Avenue. (Photo: Robin Chernick)

collection of wonderful songs that put everyone into a celebratory mood.

The grand opening was the first opportunity for many of the neighbours to visit the home and enjoy the end result of several months'

worth of construction.

The house is now home to eight residents, three of whom are recent transfers as a result of the closing of the Rideau Regional Centre last year. A family member of one the residents said the difference that

living in a home setting has made "is incredible. We need more homes like this."

The building is designed to have group and semi-independent living areas and a large recreation room for leisure activities and other gath-

erings. All areas are fully accessible and a homely atmosphere is prevalent throughout the house.

Tamir will celebrate our 25th anniversary in 2010, so stay tuned for many more new and exciting initiatives from us in the near future.

Jerusalem Fellowships trip brings Ottawa students to Israel

By Aviva Rotenberg

Ottawa's first Jerusalem Fellowships trip to Israel took place over three weeks in May and June, giving the 25 participants, aged 18 to 30, a once-in-a-lifetime experience. The trip was organized and sponsored by the Kollel of Ottawa in partnership with Hillel Ottawa – the Foundation for Jewish Campus Life.

The goal of the trip was to strengthen local university students' Jewish identity by providing a combination of touring and classes delivered by expert educators.

All of the participants were either raised in Ottawa or are currently attending school in Ottawa. The trip was led by Rabbi Shaya

Greinman, the Kollel's outreach co-ordinator; Alana Kayfetz, executive director of Hillel Ottawa; Jon Heisel; and Rabbi David and Aviva Rotenberg.

For three weeks, the students found themselves engaged in activities like ATVing in the desert, kayaking on the Jordan River, touring wineries and museums and swimming in the Dead Sea. While it came as no surprise that participants were thrilled by these outings, the students were not expecting to find that the daily Jewish educational classes would have the greatest impact.

"Going into the trip, I figured I would tolerate the classes for the sake of the Israel experience. Instead, I

found myself getting excited to learn from the passionate educators and rabbis," said Carleton student Sheldon Paquin. "Classes were a liberating experience for my Judaism, with every class being more of a guided journey than a rigorous study program."

Presented with a stimulating schedule of talks dealing with diverse subjects like free will, love and dating, Torah and science, Israel advocacy on campus and bible codes, the classes turned out to be a highlight of the trip. Other activities included a private meeting with a member of the Knesset, a trip to the city of Sderot and a moving discussion with Seth Mandell who started the Koby Man-



Participants and leaders of Ottawa's first Jerusalem Fellowships trip on tour in Israel.

dell Foundation in memory of his son who was tragically killed by terrorists.

Given the timing of the trip, the participants also had the special opportunity to experience Yom Yerushalayim and Shavuot in Israel, along with three Shabbats. Festivities at the Western Wall, pre-Shabbat concerts, a Shavuot overnight learning experience and meals with Jerusalem families elevated these significant days in a way that participants are sure to remember.

To participate as a biker or sponsor, contact Joel Diener at 613-727-1996 (home) or 613-722-0086 (work) or email joel_diener@hotmail.com. (Photo: Marilyn Adler)

a University of Ottawa marketing student.

The length of the trip and depth of the programming allowed the students to develop close relationships with each other and with staff. Many returned to Ottawa with the first Jewish friends they have ever had.

"Before this trip, I was disconnected from the Jewish community, and had lost touch with my Jewish roots," said Sarah Brantz, an undergrad law student at Carleton University. "But now I have a renewed passion for Judaism and Israel as a whole."





Cyclists and walkers ready at the Walkathon starting line, June 7.

(Photos: Peter Walser)



John and Sylvia Kershman on the route.

Walkathon 2009 brings out cross-section of community

By Diene Koven

Planning an outdoor event is always a precarious exercise. The best laid plans can easily go awry if the weather doesn't co-operate. Walking nine kilometres in the pouring rain on June 7 – or snow, if you happened to have been in Calgary that day – would not have been a pleasant way to spend a Sunday morning.

Fortunately, though, the weatherman crafted a perfect morning for the 2009 Walkathon, which brought out 350 people for some exercise, socializing and fundraising for community agencies.

At 9:30 am, when matriarch Sylvia Kershman cut the ribbon at the starting line, there wasn't a cloud in the sky and any rain held off until well after the last walker had returned to the Soloway Jewish Community Centre (SJCC).

The Kershman-Wasserlauf family – Sylvie, son John, daughter-in-law Sabina Wasserlauf, and grandchildren Benjamin and Zachary – co-chaired this year's Walkathon, so its theme of family participation really did begin at the top. Sylvia zipped along merrily in her wheelchair, aided by John, smiling and cheering on the other participants along the route.

"The Walkathon really did bring out a cross-section of our community, bringing together young and not-so-young, affiliated and not-so-affiliated, people who may never encounter one another at any other venue," said Wasserlauf.

"There were groups from the

various schools and youth groups, both walking and manning the check-points. Several people from Tamir participated and there were young people pushing wheelchairs, people on bicycles."

There was even one Nordic walker. (OK, it was me!)

At the end of the walk, there were more opportunities for people to mix and mingle as they were entertained by the tunes of the Byward

Winds, waited in line for a massage by Ottawa Massage Therapy and, of course, enjoyed much-deserved sustenance inside the SJCC. New this year was a sumptuous buffet, elegantly displayed and delicious to boot. Tables were laden with healthy, nutritious food and participants and volunteers were able to sit together and enjoy the repast.

One of the main goals of the Walkathon is, of course, raising

money, and everyone was encouraged to collect what they could. This year's Chai Walkers format included three levels: Chai Gold, in which each walker pledged to raise \$1,800; Chai Silver, at the \$1,000 level; and Chai Bronze, at \$500.

Each registered walker received a Walkathon T-shirt, to wear and to save as a souvenir.

Solidarity and mutual support are also important aspects of the

Walkathon and this year was no different.

"People can come out and show their support socially as well as financially; it allows everyone to feel they have made a contribution to the sustainability of the community," said John Kershman.

"For my mother, it was gratifying to see so many young people out and taking over the reins from the people of her generation."



Die Folkspieler's *Abi Gezunt*

It was a good Yiddish time for all, May 31, when *Abi Gezunt*, the seventh annual production of Die Folkspieler, the Soloway Jewish Community Centre (SJCC) Yiddish-speaking players, with an audience that filled the hall like a well-stuffed kishke.

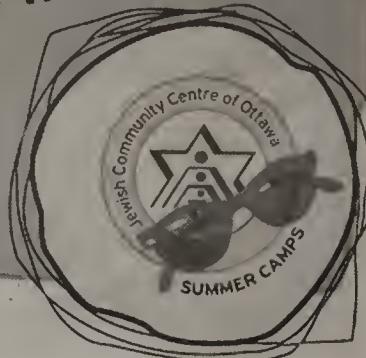
Along with the play, a collection of seven skits, several young students from the Ottawa Modern Jewish School entertained with cowboy tunes in Yiddish, and the wonderful audience belted out some folksongs that our bubbles and zadies used to sing.

– David Michaelson

Pictured is a skit from *Abi Gezunt* called *Drei Patienten* (Three Patients) with (from left to right) Ed Sussman (doctor), Katherine Shepilo Moss (nurse), and Marcia Kelserman, Hymie Schildkraut and Florence Antecol (patients).

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On Sunday, August 9 at 7:30 PM, the Soloway JCC and Vered Israel Cultural & Educational Program will hold the celebration of Tu B'Av or *Chag Ahava*, the festival of love, as it is now called in Israel.

Join us for drinks, hors d'oeuvres & desserts by Creative Kosher and a romantic evening under the stars.

This adult only event is free for Soloway JCC Chai Members, \$10 for other membership categories, and \$18 for non-members. Tickets are available at the Soloway JCC Front Desk. Please R.S.V.P. by July 31st.

For more information and to R.S.V.P. please contact:

Ruthie Prince-Raz
798-9818 ext 243

rprince-raz@jccottawa.com

Wednesday afternoons in Yiddish with Lea Kalin

By Bev Grostern

The fact that a group has been meeting weekly at the Soloway Jewish Community Centre (SJCC) to hone our Yiddish skills, or, for some, to learn the basics, might be the best-kept secret in Ottawa.

The Intermediate Yiddish Group of the SJCC would not be possible were it not for the amazing Lea Kalin, a seasoned teacher who, seven years ago, began to meet with some Yiddish enthusiasts and continues to enthral them with the same zest for learning today.

I was a late bloomer, having just joined the group last



Lea Kalin

year. But, from my first introduction, I was drawn in. Lea came prepared for each lesson with stories written in Yiddish and photocopied in

such a way that we had room to write in each new word that we learned.

"How thoughtful," I said to myself.

Then there are the wonderful Yiddish sayings, *shprechverter*, that we each have a chance to write on the blackboard. This comes easy for some. Others struggle to remember the difference between a *tet* and a *taf*. But, no matter, there is always a sense of encouragement in the air and we are quick to help each other out. Lea encourages us to be grammatically correct and to use only correct punctuation and pronunciation.

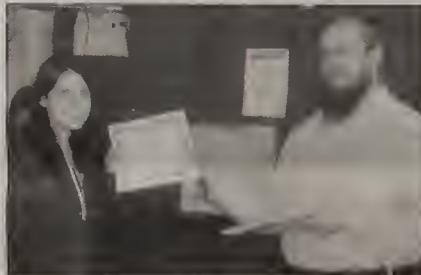
A particularly memorable lesson took place last winter when we made blintzes with Lea – in Yiddish, of course.

This was just one of the many ways we practise conversational Yiddish. And Lea is quick to point out our errors when necessary. We are able to laugh at ourselves and at each other as we expand our vocabularies or recall those words we may not have heard or spoken since we were very young.

It's amazing how far the members of the group have come. One student knew only Hebrew until about five years ago and now reads Yiddish quite fluently. Another had a few months of formal education when she was about five and parents who spoke Yiddish to her. A lot is coming back to her since becoming part of the group and her accent is quite impeccable.

We look forward to our Wednesday afternoons with Lea Kalin when we gather for a few hours and immerse ourselves in our *mamma lachen*, speaking and learning Yiddish.

Teens for the Community



Teens for the Community (TFC), a project of the Chabad Student Network of Ottawa, held a ceremony, June 9, to honour volunteers who performed 30 or more hours of community service during the school year. TFC activities over the past year included visits to hospitals, nursing homes and homeless shelters, and fundraising money for various charities and causes.

Pictured: Incoming TFC President Hilary Hendin receives her certificate from Rabbi Chaim Boyarsky.

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Many thanks to you for your warm and kind wishes upon my reaching 65 years, most of which have been lived in Ottawa. I wish you all well. May you celebrate many birthdays and other happy occasions.

Rabbi Reuven P. Bulka



Principal woodwind musicians from the NAC Orchestra perform June 21 for CICF and AJA 50+.

CICF and AJA 50+ enjoy concert and brunch at NAC

By Jane Gordon
CICF

The surroundings were splendid, the food was sumptuous and the music was special when 78 people sat together, on Sunday, June 21, in the Salon of the National Arts Centre (NAC) to chat over brunch and listen to a wonderful chamber concert performed by five of the principal woodwinds of the NAC Orchestra.

This was the second of what we expect to become an annual event made possible by a partnership between the NAC, the Canada-Israel Cultural Foundation (CICF) and AJA 50+ (Active Jewish Adults 50+).

Between the brunch and the concert, Daphne Burt, artistic administrator for the

NAC Orchestra, spent a few moments telling the audience stories about Pinchas Zukerman and about the orchestra's 2009-2010 season.

The short but magical chamber concert featured Joanna G'roer (flute), Kimball Sykes (clarinet), Charles Hamann (oboe), Vincent Parizeau (bassoon) and Lawrence Vine (French horn). Norman Barwin, CICF president, thanked the musicians and closed the event by distributing door prizes and gifts to all attendees.

For information about AJA 50+, e-mail Annette Paquin at aja50plus@sympatico.ca.

For information about CICF, call Tova Clark at 613 722-4645 or Ruth Calof at 613-523-1600.



Lieberman visits Ottawa

Israeli Foreign Minister Avigdor Lieberman made a quick visit to Ottawa last month and met on Parliament Hill with Minister of Foreign Affairs Lawrence Cannon to discuss matters of mutual concern to Canada and Israel. Cannon called the visit "an opportunity to underscore the close friendship of Canada and Israel, which this year, mark 60 years of diplomatic relations."

Pictured (left to right): Cannon, Israeli Ambassador Miriam Ziv and Lieberman. (Photo: Peter Walser, courtesy of Embassy of Israel)

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Estelle Gunner on receiving the Shem Tov Community Volunteer Award by Fran and Stan Ages.

In memory of:

Harry Bernstein by Elizabeth Siegel.

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Murray and Sandy Ages by Roslyn and Arnie Kimmel.

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Mazel Tov to:

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ANNETTE ALBERT ENDOWMENT FUND

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APPOTIVE FAMILY ENDOWMENT FUND

Mazel Tov to:

Joe Osterer on his 2nd Bar Mitzvah by David and Edith Appotive; by Sharon Appotive; and by Jeffrey Appotive.

Howard and Sharon Appotive on becoming grandparents by Barbara and Len Farber.

Birthday wishes to:

Eileen Goldberg by David and Edith Appotive.

ANNE AND LOUIS ARRON MEMORIAL FUND

Anniversary wishes to:

Phyllis and Max Sternthal and a special birthday to Phyllis by Daphne and Stanley Arron.

Birthday wishes to:

Rabbi Dr. Reuven Bulka by Daphne and Stanley Aron.

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Barry and Ricki Baker on the birth of their granddaughter by Marilyn and Will Newman.

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MYRNA AND NORMAN BARWIN FOUNDATION OF THE PINCHAS ZUKERMAN MUSICAL SCHOLARSHIP FUND

Mazel Tov to:

Stephen Greenberg on being the United Way Community Builder of the Year by Myrna and Norman Barwin.

Norman Barwin on being awarded the degree of Doctor of Laws from Carleton University by Ellen and Dwayne Wright; by Sandra and Sydney Barwin; by Hy and Ruth Calof; by Evelyn Greenberg and family; and by Jackie Holzman and John Rutherford.

Dr. Michael David Wyman on receiving the OMA Life Membership Award as well as the CMA Honorary Membership Award by Myrna and Norman Barwin.

In memory of:

Sheila Finestone by Myrna and Norman Barwin.

CAYLA AND MICHAEL BAYLIN ENDOWMENT FUND

Congratulations to:

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Continued on page 22

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In appreciation to:

Joyce Bellman, Bert Blevis, Arlene Glube, Estelle Melzer, Jerry Penso, Sandy Siggner and Sheila Silverman for their service to AJA 50+ by Sonja Kesten and Elaine Wolfish.

Roslyn Franki, Carol Greenberg, Estelle Gunner, Sylvia Klein, Miriam Levinit, Ruth Levitan, Sherwin Lyman, David Michaelson, Sylvia Monson, Flo Morgan, Ozzie Silverman and Roz Tabachnick for being outstanding volunteers by Sonja Kesten and Elaine Wolfish.

Estelle Gunner on being the recipient of the Shem Tov Community Volunteer Award by Ian, Randi, Jonathan, Mathew and Adam Sherman; and by Rhoda and Bert Blevis.

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In honour of:

Roger Greenberg outstanding work as Chair of the Ottawa Community Foundation by Ian, Randi, Jonathan, Mathew and Adam Sherman.

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Estelle Gunner on her volunteerism awards by Cally and Sid Kardash.

Donna Dolansky on her appointment as Chair of the JFO by Cally and Sid Kardash.

Davina Fink on all her accomplishments by Cally and Sid Kardash.

Jennifer Kardash on receiving the Freiman Family Young Leadership Award by Ian, Randi, Jonathan, Mathew and Adam Sherman.

Stephen Victor on being honoured by the Hebrew University of Jerusalem by Cally and Sid Kardash.

In memory of:

Jack Smith by Shirley Streat-Hartman.
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In appreciation to:

Staff of Hillel Academy by Viviane and Howard Sandler.

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Gordon Allen by Jody and Gary Roodman; and by Shirley Streat-Hartman.

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Condolences to:

Natalia Vais on the loss of her father by Devora and Josef Caytek.

In memory of:

Comeilia Engel by Devora and Josef Caytek.
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Congratulations to:

Ingrid Levitz on receiving the Gilbert Greenberg Distinguished Service Award by Devora and Josef Caytek.

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In recognition of:

Barbara Okun for her outstanding contribution to the SJCC Shiru Lach concert by the Shiru Lach Choir.

Mazel Tov to:

Paul and Jen Basevitz on the birth of their daughter Kiera by Jackie, David, Rachel and Zev Lyman.

Birthday wishes to:

Lazar Sechter by Jackie, David, Rachel and Zev Lyman.

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Thinking of you:

Ingrid and Gerry Levitz by Joyce and Seymour Bellman.

Mazel Tov to:

Norm Barwin on being awarded the degree of Doctor of Laws by Joyce and Seymour Bellman.

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In observance of the Yahrzeit of:

Max Rosenstein, beloved husband, father and grandfather by Bonnie Greenberg.

MARTIN AND ELLIE BLACK ENDOWMENT FUND

In memory of:

Sheila Finestone by Marty and Ellie Black.

Trudy Kilburn by Marty and Ellie Black.

Mazel Tov to:

Joel and Heather Braverman in their new home by Marty and Ellie Black.

Jennifer Kardash on receiving the Freiman Family Young Leadership Award by Marty Black.

DR. GERALD BLOOM MEMORIAL FUND

Condolences to:

Lyne Faigan on the loss of her father by Ethel Bloom and family.

Congratulations to:

Jason Bloom on his graduation by Ethel Bloom and family.

CYNTHIA AND OAVID BLUMENTHAL ENDOWMENT FUND

Anniversary wishes to:

Cynthia and Oavid Blumenthal by Jeffrey and Maureen Katz.

RONALD BODNOFF MEMORIAL FUND

In memory of:

Nancy Ritt-Hoadley by Rhoda Bodnoff and family.

TOM AND MIRIAM BORDELAY MEMORIAL FUND

Mazel Tov to:

Joel Osterer on his 2nd Bar Mitzvah by Debbie, Michael and Amanda, and Joel Baylin.

BUZELAN AARON FAMILY FUND

R'fuah Sh'lema to:

Annette Buzelan by Evan, Carol and Miriam Diamond.

RUTH AND HY CALOF ENDOWMENT FUND

In memory of:

Charles Oalfen by Ruth and Hy Calof.

DONALD AND LEAH CHODIKOFF ENDOWMENT FUND

In observance of the Yahrzeit of:

Donald Chodikoff, a beloved husband, father and grandfather by Leab Chodikoff and family.

In memory of:

Bernice Hochberg by Leah Chodikoff and family.

JACK AND SARAH COGAN MEMORIAL FUND

In memory of:

Frida Levitan by Leonard and Rhona Cogan.

Libby Glube by Leonard and Rhona Cogan.

Charles Oalfen by Leonard and Rhona Cogan.

R'fuah Sh'lema to:

Sarah Swedler by Leonard and Rhona Cogan.

Mazel Tov to:

Ricki and Barry Baker on the birth of their new grandchild by Leonard and Rhona Cogan.

Linda Nadolny-Cogan on receiving a community volunteer award by Leonard and Rhona Cogan.

DAVID AND QUEENIE COHEN MEMORIAL FUND

In observance of the Yahrzeit of:

Ann Kalin, a beloved mother, bubbie by Oavid and Judith Kalin.

SANDI AND EDDY COOK ENDOWMENT FUND

In memory of:

Charles Oalfen by Sandi and Eddy Cook and family.

Trudy Kilburn by Sandi and Eddy Cook and family.

Sheila Finestone by Sandi and Eddy Cook and family.

Cornelia Engel by Sandi and Eddy Cook and family.

Nancy Ritt-Hoadley by Sandi and Eddy Cook and family.

R'fuah Sh'lema to:

Sarah Swedler by Sandi and Eddy Cook and family.

Suzanne Cohen by Sandi and Eddy Cook and family.

Gerry Levitz by Sandi and Eddy Cook and family.

Mazel Tov to:

William Joe on being honoured by the Ottawa Chinese Community Resources Centre for his volunteer work by Sandi and Eddy Cook and family.

Pat and Sam Handelman on Michael and Joanne Sallay's engagement by Sandi, Eddy, Samy Cook and family.

Cayla and Michael Baylin on the birth of their granddaughter by Sandi and Eddy Cook and family.

Norman Barwin on receiving an honorary degree from Carleton University for his outstanding contributions in the fields of medicine and public health by Sandi and Eddy Cook and family.

Anniversary wishes to:

Sandy and Murray Ages by Sandi and Eddy Cook and family.

Birthday wishes to:

Bryna Cohen by Sandi and Eddy Cook and family.

ROCKMAN FEDER FAMILY FUND

Mazel Tov to:

Harold Feder on his installation as Chair of the OJCF by Stanley and Orly Aaron and family; and by Norman and Marguerite Feder.

In memory of:

Mel Ostroff by Harold Feder and Lynn Rockman.

Jack Smith by Harold Feder and Lynn Rockman.

ABIGAIL GREENBERG MITZVAH FUND

Mazel Tov to:

Abigail Greenberg on her Bat Mitzvah by Ellie, Arie,

Yoni, Yael and Itzy Kamil; by Anne Steinberg; and by Herb and Oena Gosewich.

In appreciation to:

Mr. Brian Lamb by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Rabbi Y. Simes by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Mr. Stephane Cinanni by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Mrs. Ovorah Stocker by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Rabbi O. Burger by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Mr. Ricky Grebler by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Mrs. Fiona Mackintosh by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Ms. Eslyn Meertens by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Mrs. Ellie Kamil by Abigail, Elizabeth, Jeff and Leanne Greenberg.

Mrs. Wendy Waxman by Abigail, Elizabeth, Jeff and Leanne Greenberg.

STEPHEN AND JOCELYNE GREENBERG COMMUNITY ENDOWMENT FUND

Congratulations to:

Stephen Greenberg on being the United Way 2009 Community Building of the Year by Jan, Randi, Jonathan, Matbow and Adam Sherman; by Fred and Lisa Cogan; and by Sol and Zelaine Shinder.

SELMA AND BARRY DAVIS ENOWEMENT FUND

Birthday wishes to:

Barry Oavis by Jerry and Lily Penso.

NATHAN AND REBA DIENER ENDOWMENT FUND

In memory of:

Gordon Allen by Barbara and Joel Diener and family.

Condolences to:

Mary English on the loss of her sister by Barbara and Joel Diener and family.

Reverend Anthony Bailey by Barbara and Joel Diener and family.

Mazel Tov to:

Stephen Greenberg on receiving the 2009 United Way Community Builder Award by Barbara and Joel Diener and family.

DOLANSKY FAMILY FUND

In memory of:

Charles Oalfen by Bernie and Oonna Dolansky.

Sheila Finestone by Bernie and Oonna Dolansky.

Mazel Tov to:

Donna Dolansky on assuming the Chair of the JFO by Bill and Mera Goldstein.

Anniversary wishes to:

Bernie and Oonna Dolansky by Elaine and George Citrome.

JOSEPH AND JEAN DOVER ENDOWMENT FUND

Birthday wishes to:

Harold Fireman by Gerry and Mavis Dover and Madeleine Murphy.

Continued on page 23

Hillel Lodge residents enthralled by young violinists



Kobi Malkin (left) and Asi Matathias.

On Tuesday, June 16th 2009, music filled the hallways of the Bess and Moe Greenberg Family Hillel Lodge facility. The Canada Israel Cultural Foundation (CICF) and the Ottawa Jewish Community Foundation (OJCF) held its 8th annual Ruth Berger Memorial Concert for the residents, bringing the shared love of music to the forefront of the day's activities. Also present were family members of the late Ruth Berger (mother, sister and daughter). A special thank you goes to the Hillel Lodge staff for their support and cooperation.

This year's musical performance was realized by the impressive talents of two young Israeli musicians, both of whom have been accepted into the NAC Summer Music Institute, an intense program under the tutelage of Master Pinchas Zukerman. Kobi Malkin (violin) and Asi Matathias (violin) each performed beautiful solo pieces, followed by a powerful duet that ended with passionate applause from the audience. The performance closed with the two young violinists accompanying Evelyn Greenberg on piano, playing crowd-pleasing Hebrew and Jewish songs.

The Ruth Berger Memorial Concert co-sponsored by CICF, OJCF and the NAC is an example of the value of Foundation funds in promoting the future of young Israeli Musi-

cians witnessing the absolute joy of the residents of Hillel Lodge – a double mitzvah," commented Dr. Norm Barwin, CICF President.

The Pinchas Zukerman Music Education Fund was established to provide scholarships to bring talented students from Israel to Ottawa to participate in the Young Artist's Program of the National Arts Centre (NAC), founded by Pinchas Zukerman, Music Director of the NAC Orchestra. The Fund hopes to utilize a common love of music to cross barriers of land, language and culture, and foster the development of relationships and understanding, not only amongst the participants in the program, but also within their communities and countries.

To support these developing young musicians, donations can be made to the Pinchas Zukerman Music Education Fund by calling 798-4696 ext. 232 or online at www.OJCF.ca.

SARAH

Would like to express her deep appreciation to so many friends and family – too many to mention – for their love and support during her recent illness. Your phone calls and cards were comforting and uplifting during this time.

FOUNDATION DONATIONS

JEFFREY AND LOIS EISEN FAMILY FUND

Anniversary wishes to:

Mark and Lisa Levy by Jeffrey and Lois Eisen.
Sherri and Jack Tozman by Jeffrey and Lois Eisen.
Helaine and Jack Gould by Jeffrey and Lois Eisen.

Mazel Tov to:

Roz and Steven Fremeth on Adam and Rachel's engagement by Jeffrey and Lois Eisen.

In memory of:

Jack Smith by Jeffrey and Lois Eisen.
Sheila Finstone by Jeffrey and Lois Eisen.

Birthday wishes to:
Helen and Rick Zipes' twin grandchildren by Jeffrey and Lois Eisen.

JOSEPH AND ESTHER EISENSTADT MEMORIAL FUND

In memory of:

Gaston Max by Joan Sacksner.

LESLIE AND CORNELIA ENGEL ENDOWMENT FUND

In memory of:

Comelia Engel by Howie and Devora Paskowitz; and by Debbie and Brian Aarenau and family.

BARBARA AND LEN FARBER ENDOWMENT FUND

In memory of:

Charles Galfen by Barbara and Len Farber.

ELLEN AND RAHAMIM FATHI ENDOWMENT FUND

Birthday wishes to:

Eileen Fathi by Ellen and Ray Fathi and family.
Rabbi Bulka by Ellen, Ray, Tamara, Michael, Michelle, Brandon, Tyler and Aaron Fathi.

**The unveiling
of a monument
in loving memory of**

Jack Smith z"l
beloved husband, father,
grandfather, great-grandfather,
brother and friend,
will take place

Sunday, August 23, 2009

at 12 noon

Bank Street Cemetery
Machzikei Hadas Section
Family and friends
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Speedy recovery to:

Jack Silverstein by Ellen, Ray and Tamara Fathi.
Gerry Levitz by Ellen, Ray and Tamara Fathi.

MOSHE AND LILY FEIG ENDOWMENT FUND

In memory of:

Jack Smith by Lily Feig.

Eric Bahar by Lily Feig.

Femand Bybelezer by Lily Feig.

Chuck Dafni by Lily Feig.

R'Yah Sh'lemah to:

Sarah Swedler by Lily Feig.

Birthday wishes to:

Sam Litwack by Lily Feig.

Mazel Tov to:

Semyon and Liz Ioffe on the marriage of Simona and Jonah by Tal Gilboa, Paz, Eitan and Hadar Maoz.

Birthday wishes to:

Arie and Marcia Lubomietzky on the marriage of Sylvia and Menachem by Tal Gilboa, Paz, Eitan and Hadar Maoz.

Charles and Miriam Taub on the marriage of Avi and Kimberly by Tal Gilboa.

Mark Karnis and Sue Potecbin on Sam's Bat Mitzvah by Tal Gilboa, Paz, Eitan and Hadar Maoz.

Charlie and Miriam Taub on the birth of their granddaughter Sara Baila by Tal Gilboa and Rob Steiner.

In appreciation to:

G. Azoulay by Tal Gilboa.

SHARON AND PAUL FINN ENDOWMENT FUND

In memory of:

Gordon Allen by Sharon, Paul, Joshua, Jordan and Oavina Finn.

SAM AND SUSAN FIRESTONE ENDOWMENT FUND

In memory of:

Charles Dafni by Sam and Susan Firestone.

FLORENCE FAMILY MEMORIAL FUND

In memory of:

Gordon Allen by A.L., Ann and Leanne Smith

ALFRED AND KAYSA FRIEDMAN ENDOWMENT FUND

Birthday wishes to:

Alfred Friedman by Sol and Zelaine Shindler.
Sol Shindler by Alfred and Kaysa Friedman.

In memory of:

Charles Dafni by Stephanie, Alfred and Kaysa Friedman.

Gordon Allen by Stephanie, Alfred and Kaysa Friedman.

R'Yah Sh'lemah to:

Archie Cogan by Stephanie, Alfred and Kaysa Friedman.

Suzanne Cohen by Alfred and Kaysa Friedman.

MAZEL TOV TO:

Manny Gluck on his granddaughter Atara Tova's engagement by Alfred and Kaysa Friedman.

FRAN AND SID GERSHBERG FAMILY FUND

In memory of:

Charles Olsien by Fran and Sid Gershberg.

Mazel Tov to:

Ruth and Hy Braiter on the marriage of Helen to Derek Smolkin by Fran and Sid Gershberg.

Birthday wishes to:

Len Bennett by Fran and Sid Gershberg.

GILBOA/MAOZ FAMILY FUND

Mazel Tov to:

Semyon and Liz Ioffe on the marriage of Simona and Jonah by Tal Gilboa, Paz, Eitan and Hadar Maoz.

Arie and Marcia Lubomietzky on the marriage of Sylvia and Menachem by Tal Gilboa, Paz, Eitan and Hadar Maoz.

Charles and Miriam Taub on the birth of their granddaughter Sara Baila by Tal Gilboa and Rob Steiner.

In appreciation to:

G. Azoulay by Tal Gilboa.

STAN AND LIBBY GLUBE FAMILY FUND

In memory of:

Libby Glube by William and Patricia Irwin; by Steven and Hildy Lesch; by Mike McGahan; by Heidi and Jonathan Pivnick; by Elton Lithwick and family; by Rose Lithwick and family; by Stanley and Orly Aaron and family; by Enry and Suzie Rosnchek; by CAPCORP Financial Corp.; by Robin and Michael Storfer; by Annnice and Harvey Hirsch and family; and by Anna and Hy Rabinovitch.

Betty Denaburg by Arlene and Norm Glube.

Charles Dafni by Arlene and Norm Glube.

ANN GLUZMAN MEMORIAL FUND

Mazel Tov to:

Ingrid Levitz on receiving the Gilbert Greenberg Distinguished Service Award by Ian, Randi, Jonathan, Mathew and Adam Sherman; and by Sol and Zelaine Shindler.

R'Yah Sh'lemah to:

Gerry Levitz by the Partners of Brazeau Seller.

GEORGE AND MARY GOLDBERG ENDOWMENT FUND

In memory of:

Mary Goldberg by Jane and Robert Erskine.

Continued on page 24

In Appreciation

With sincere appreciation and thanks to our dear family and friends for their donations and expressions of good wishes on my 83rd birthday (second Bar Mitzvah).

Joey Osterer

In Appreciation

We would like to thank all our family and friends for their kindness and expressions of condolence on the loss of a dear wife, mother and grandmother, Helen Marshall. All of the heartfelt donations, visits, cards, meals and phone calls offered comfort and support at a difficult time. Please accept this as our personal thank you.

Elliot Marshall, Susan Marshall and Cheryl Cohen



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FOUNDATION DONATIONS**IBOLYA AND HOWARD GOLDBERG FAMILY FUND**

Birthday wishes to:
Eileen Goldberg by David and Judy Kalin.

EVA, DIANE AND JACK GOLDFIELD MEMORIAL FUND

In memory of:

Nancy Ritt-Hoadley by Morley Goldfield and family; and by Anita and Ed Landis and family.

Kate Hickman by Anita and Ed Landis and family.

In observance of:

Lionel Goldfield, a beloved brother Ed Landis and family.

HERB AND DENA GOSEWICH ENDOWMENT FUND

Anniversary wishes to:
Elkie and Ian Hart by Herb and Dena Gosewich.

In memory of:

Nancy Ritt-Hoadley by Jeff and Vicki Weiss.
Charles Dalfen by Jeff and Vicki Weiss.

R'fuah Sh'lembah to:

Suzanne Kert-Cohen by Jeff and Vicki Weiss.
Judith Weiss by Herb and Dena Gosewich.

JEFFREY AND ENID GOULD FAMILY FUND

Anniversary wishes to:

Jeff and Enid Gould by Trudy and Sheldon Wiseman; and by Roslyn and Amie Kimmel.

BEATRICE AND SAMUEL GREENBERG FAMILY FUND

In memory of:

Tillie Seber by Bea Greenberg and family.
Libby Glube by Bea Greenberg and family.

FRITZI AND MAX (CHIEF) GREENBERG MEMORIAL FUND

In memory of:

Gordoe Allen by Linda and Murray Greenberg.
Birthday wishes to:

Barbara Greenberg by Jody and Gary Roodman.

LOUIS AND HELEN GREENBERG MEMORIAL FUND

In memory of:

Chuck Dalfen by David and Karen Greenberg.

MICHAEL GREENBERG MEMORIAL FUND

Mazel Tov to:

Ingrid Levitz on winning the Gilbert Greenberg Distinguished Service Award by Stephen and Jocelyn Greenberg.
In memory of:

Charles Dalfen by Stephen and Jocelyn Greenberg.
Get well soon to:

Gerry Levitz by Stephen and Jocelyn Greenberg.

VERA AND LESLIE KLEIN COMMUNITY ENDOWMENT FUND

In memory of:

Bertha Palmer by Vera Klein.
Jack Smith by Vera Klein.

Avi Goldstein by Vera Klein.

Anniversary wishes to:

David and Josie Finestone by Vera Klein.
Bella and David Allen by Vera Klein.

LARRY AND SHEILA HARTMAN ENDOWMENT FUND

Anniversary wishes to:

Michael and Sandra Shaver by Larry and Sheila Hartman.
In memory of:

Charles Dalfen by Larry and Sheila Hartman.

MICHAEL DANIEL HILL MEMORIAL FUND

Mazel Tov to:

Norman McGregor by Alex Fiszman.
Shoshana and Ian Kagedan on the marriage of their son by the Fiszman family.

Ian and Randi Sherman on Mathew's graduation by the Fiszman family.

Steven and Linda Kerzner on Lome's graduation by the Fiszman family.

HY AND PAULINE HDCHBERG ENDOWMENT FUND

In memory of:

Charles Dalfen by Pauline Hochberg.

Congratulations to:

Stephie Greenberg on receiving the 2009 United Way Community Builder Award by Pauline Hochberg.

Stephen Victor on receiving an Honorary Fellowship from The Hebrew University of Jerusalem by Pauline Hochberg.

DOROTHY AND HY HYMES ENDOWMENT FUND

In memory of:

Jack Smith by Dorothy and Hy Hymes.

Frieda Levitan by Dorothy and Hy Hymes.

Ann Polowin by Dorothy and Hy Hymes.

Libby Glube by Dorothy and Hy Hymes.

Gordon Allen by Dorothy and Hy Hymes.

Sheila Finestone by Dorothy and Hy Hymes.

In appreciation to:

Ellen Yack and family by Dorothy and Hy Hymes.

Birthday wishes to:

Allen Abramson by Dorothy and Hy Hymes.

FRANCES KALMAN MEMORIAL FUND

Mazel Tov to:

Salt-Sung Kalman and Hanoc Hasser on their upcoming marriage by Helaine and Jack Gould.

VITZHAK KAMIL MITZVAH FUND

Birthday wishes to:

Rabbi Bulka by Ellie, Arie, Yoni, Yael and Itzy Kamil.

With love and thanks to:

Debbie Baylin by Your Sis.

LIBBY AND STAN KATZ FAMILY COMMUNITY ENDOWMENT FUND

Mazel Tov to:

Ingrid Levitz on receiving the Gilbert Greenberg Distinguished Service Award by Libby and Stan Katz.

In memory of:

Charles Dalfen by Libby and Stan Katz.

KERSHMAN FAMILY ENDOWMENT FUND

Birthday wishes to:

Carol Kershman by David and Judy Kalin.

SYD, ETHEL, LINDA AND STEVEN KERZNER & FAMILY COMMUNITY ENDOWMENT FUND

Mazel Tov to:

Lome Kerzner on his graduation by Judah and Margo Silverman.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

In memory of:

Charles Dalfen by Dan and Marilyn Kimmel.

Gordon Allen by Dan and Marilyn Kimmel.

R'fuah Sh'lembah to:

Sarah Sweder by Dan and Marilyn Kimmel.

Anniversary wishes to:

Sheldon and Trudy Wiseman by Roslyn and Amie Kimmel.

PHILIP AND ETTE KIMMEL MEMORIAL FUND

Birthday wishes to:

Rabbi Reuven Bulka by Stan Kimmel and Carol Spiro.

Mazel Tov to:

Joe Osterer on his 2nd Bar Mitzvah by Stan Kimmel and Carol Spiro.

SHARDN KOFFMAN ATHLETIC SCHOLARSHIP FUND

Birthday wishes to:

Fay Koffman by Carole and Norman Zagerman; by Harriet and Meredith Staples; by Shelley and Stewart Robinson; and by Bev and Joel Koffman.

Reva Derrick by Sandra Zagon.

SUSAN AND DAVID KRIGER ENDOWMENT FUND

In memory of:

David's mother, Shirley Movshovitz Kriger by David and Susan Kriger.

Susan's mother, Judith Ain by David and Susan Kriger.

ANNICE AND SYDNEY KRDNIK FAMILY FUND

Congratulations to:

Howard and Marlene Cohen and family on their family accomplishments in the National Capital Race Weekend by Debi and Neil Zaret and family.

Brenda Ryan on her retirement by the Zaret family.

Condolences to:

Neil Fleischman on the loss of his father by Richard, Alice, Sam and Molly Kronick.

JACDB AND ROSE LANDAU MEMORIAL FUND

In observance of the Yahrzeit of:

Jack Landau, a beloved father-in-law by Edie Landau.

ISSIE AND EDITH LANDAU ENDOWMENT FUND

Best wishes to:

Millie Mirsky by Edie Landau.

In memory of:

Charles Dalfen by Edie Landau.

Sheila Finestone by Edie Landau.

Mazel Tov to:

Shirley Goldberg on the birth of her grandson by Edie Landau.

Daniel and Elissa Goldberg on the birth of Ethan James by Edie Landau.

Ingrid Levitz on receiving the Gilbert Greenberg Distinguished Service Award by Edie Landau.

Marcia and Barry Cantor on the engagement of Jeremy to Shelby by Edie Landau.

Speedy recovery to:

Marion Silver by Edie Landau.

BYRTHA LECKIE MEMORIAL FUND

In observance of the Yahrzeit of:

Byrtha Leckie by Robin Leckie.

HARRY AND ZENA LEIKIN ENDOWMENT FUND

Yasher Koach to:

Barbara Farber on her 2 years as President of UIA Federations Canada by Libby and Stan Katz.

NDRMAN AND ISABEL LESH ENDOWMENT FUND

In memory of:

Charles Dalfen by Norman and Isabel Lesh.

Gordon Allen by Norman and Isabel Lesh.

HARRY AND FRIEDA LEVITAN ENDOWMENT FUND

In memory of:

Frida Levitan by Dorothy Nadolny; by David and Judy Kalin; by Todd Silverman, Shari Quallenberg and family; by Anna and Hy Rabinovitch; by Revera Retirement LP; and by Ian and Joyce Richardson.

SALLY AND ELLIOTT LEVITAN ENDOWMENT FUND

In memory of:

Charles Dalfen by Sally and Elliott Levitan.

Mazel Tov to:

Estelle Gunner on winning the Shem Tov Community Volunteer Award by Sally and Elliott Levitan.

ERNEST AND IDA LEVITZ MEMORIAL FUND

R'fuah Sh'lembah to:

Gerry Levitz by Gary and Sharon Steinberg; by Dan and Marilyn Kimmel; and by Rhoda and Jeff Miller.

JUDI AND ESTELLE LIBERMAN ENDOWMENT FUND

In memory of:

Thore Chemey by John and Estelle Liberman.

Shirley Webber by John and Estelle Liberman.

JOSEPH AND EVELYN LIEFF ENDOWMENT FUND

In memory of:

Gordon Allen by Francie Greenspoon and Norman Lieff and by Joseph and Evelyn Lieff.

Chuck Dalfen by Joseph and Evelyn Lieff.

Sheila Finestone by Joseph and Evelyn Lieff.

Mazel Tov to:

Estelle Gunner on receiving the Shem Tov Community Volunteer Award by Joseph and Evelyn Lieff.

Ingrid Levitz on receiving the Gilbert Greenberg Distinguished Service Award by Joseph and Evelyn Lieff.

In appreciation to:

Francie Greenspoon and Norman Lieff by Ian Sherman.

Speedy recovery to:

Al Coben by Joseph and Evelyn Lieff.

Patrice Berdowski by Francie Greenspoon and Norman Lieff.

IRVING AND ELLEN LITHWICK ENDOWMENT FUND

Birthday wishes to:

Norton Lithwick by Yvonne and Harvey Lithwick and family.

LOBEL FAMILY ENDOWMENT FUND

In memory of:

Frida Levitan by Goldie Lobel and family.

Mazel Tov to:

Gerry and Norma Wexler on the birth of their granddaughter by Goldie Lobel and family.

In observance of the Yahrzeit of:

Julia Halpern, a dear mother by Goldie Lobel and family.

DAVID LOEB FAMILY FUND

In memory of:

Anne Edelson by Adele and David Loeb.

ANNE (BLAIR) AND HYMAN MAYBERGER ENDOWMENT FUND

Mazel Tov to:

Adam Elieson on his graduation and receiving the Lieutenant Governor of Quebec award for most overall outstanding student in Quebec by Shelley and Morris Schachnow.

CHUCK AND BONNIE MEROVITZ FAMILY FUND

Birthday wishes to:

Bonnie Merovitz by Jack and Sherri Torjman; by Rick and Helen Zipes and Frances Karanofsky; by Shayna and Dan Voleck; by Dede, David, Kyle and Zachary Neuss; by Shelley Rothman; by Marjorie and Michael Feldman; by Roz and Steven Freneth; by Heather and Len Ritter; and by Evie and Siggy Rajzman and family.

Chuck and Bonnie Merovitz by Helaine and Jack Gould; and by Bill and Mera Goldstein.

Mazel Tov to:

Stephen Greenberg on being awarded the 2009 United Way Community Builder Award by Chuck and Bonnie Merovitz.

Harold Fedor on assuming the Chairman of OJCF by Chuck and Bonnie Merovitz.

Jonathan Freedman on the completion of his term as Chairman of the JFO Board by Chuck and Bonnie Merovitz.

Donna Dolansky on assuming the Chairmanship of the JFO Board by Chuck and Bonnie Merovitz.

Roger Greenberg on completing his term as Chair of the OJCF Board by Chuck and Bonnie Merovitz.

In memory of:

Chuck Dalfen by Chuck and Bonnie Merovitz.

Anniversary wishes to:

Sherri and Jack Torjman by Chuck and Bonnie Merovitz.

Helaine and Jack Gould by Chuck and Bonnie Merovitz.

Donna and Bemie Dolansky by Chuck and Bonnie Merovitz.

End and Jeff Gould by Chuck and Bonnie Merovitz.

Continued on page 25

FOUNDATION DONATIONS

NORMAN AND ANNE MIRSKY MEMORIAL FUND

In appreciation to:
Judy Field and Murray Kronick by Millie Mirsky.

PERCY AND SHELLEY OSTROFF FAMILY FUND

In appreciation to:
Clifford Bass by Percy and Shelley Ostroff and family.
David Negev by Percy and Shelley Ostroff and family.

Birthday wishes to:
Rabbi Reuven Bulka by Percy and Shelley Ostroff.
Carol Kershman by Percy and Shelley Ostroff.

In memory of:
Mel Ostroff by Jason and Berit Reiskioid.
Sheila Finestone by Percy and Shelley Ostroff.
Charlie Khazzam's mother by Percy and Shelley Ostroff.

TANYA AND SAMUEL MOSES MORIN MEMORIAL FUND

In observance of the Yahrzeit of:
Samuel Moses Morin, a dearly beloved father by Harvey Morin.

Tanya Morin, a dearly beloved mother by Harvey Morin.

PEARL AND DAVID MOSKOVIC ENDOWMENT FUND

In observance of the Yahrzeit of:
Brandel and Haskell Moskovic, beloved parents by Pearl and David Moskovic.

DOROTHY AND HERBERT NADOLNY ENDOWMENT FUND

In memory of:
Chuck Oalfen by Dorothy Nadolny.
Ann Polowin by Dorothy Nadolny.
Gordon Allen by Dorothy Nadolny.

PINKUS AND YEHUDIT NEWMAN MEMORIAL FUND

In memory of:
Charles Oalfen by Marilyn and Will Newman.

OTTAWA JEWISH COMMUNITY ENDOWMENT FUND

Congratulations to:
Nathan Sheiner on the loss of his sister by Jocelyn Kapusta, Dan Palayew and family.

In memory of:
Charles Oalfen by Ronnie and David Gavsic.

ABE AND BERTHA PALMER ENDOWMENT FUND

Birthday wishes to:
Carol Kershman by Sunny and John Tavel.
Rabbi Dr. Reuven Bulka by Sunny and John Tavel.

Congratulations to:
Barbara Farber on completing her term as President of UIAFC by Sunny and John Tavel.

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In memory of:
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Continued on page 26

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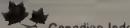
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Global Muslim theocracy movement is concerned

The past few weeks have been an eye-opener for many people, including Arab and Muslim communities globally. While most Middle East analysts, and those familiar with Iranian politics, knew the Iranian theocracy did not enjoy the universal support of its 70 million people, this was news to many in the west. Many, if not most, Iranians are more westernized in their values and lifestyles than we might think after seeing news stories about Iran, and have far different values from those ruling them at gunpoint.

The global impact of the Iranian rejection of theocracy on Muslim activism has begun to be noticed by the many recipients of Iranian government funding. The links between Iran and the movements it supports will become more visible as its funding recipients try to find their own place in the chaos.

While uncorroborated – like most news coming out of Iran now – we've heard reports of Lebanese Hezbollah and Palestinian Hamas contingents making short-lived appearances on the streets of Tehran, Shiraz and Mashhad. It is not unusual to hear that Hezbollah and Hamas train in Iran, but their deployment and their willingness to fight Iranians in the streets of their cities is new and notable. People in the streets actually try to chat up the police and Basij militia to see whether or not they could speak Farsi.

It must be unsettling for Muslim theocrats, from a culture unaccustomed to such actions, to observe one of the staunchest supporters in their holy movement being challenged. The questioning of the theocracy, and the fairness of the supreme leader, Ayatollah Sayyid Ali Khamenei, by Iranians, puts the livelihood of some commentators in question. When CNN reports that Abdel Bari Atwan, editor of the London-based pan-Arab newspaper *Al-Quds Al-Arabi*, is defending the actions of Iran's government and blaming Iranian democracy seekers, we must recognize the element of

self-preservation in his statement.

Second only to Saudi Arabia, Iran spends billions of dollars to support theocratic Islamic causes. Its role in support, training and facilitation of the Sudanese genocide in Darfur is significant; only the Chinese play a larger role. From Somalia, to Lebanon's Hezbollah, to Hamas, to the Egyptian Shi'ite movement, to Sudan, Iran's support, whether through direct funding or military training, will be jeopardized if the theocrats are unseated. Without the theocrats in power, Iran's major donor status for various proactive Muslim organizations in Europe, North America and South America will be in serious jeopardy.

So, when Atwan expresses his dismay that Mir Hossein Moussavi and millions of Iranians who protested across the country are no longer interested in being ruled at gunpoint by Ayatollah Khamenei and President Mahmoud Ahmadinejad, it is a telling sign of worry and distress in the global theocracy movement.

The Iranian government's history of exporting Muslim ideology and activism goes back to the early 1980s, when they funded Iranian foreign student organizations in various countries in return for the wearing of hijabs. Funding and moral support for other organizations followed. Today, there are private Muslim schools in North America and Europe that would not exist without direct or indirect financial assistance from Iran's government. The number of organizations receiving support from Iran is probably in the hundreds, if not thousands.

These groups and organizations, fearing their funding might be in danger will likely start lobbying governments to turn a blind eye to events in Iran. Whether western politicians have any stomach for this type of lobbying remains to be seen. Regardless, the global Muslim theocracy movement is in jeopardy at the hands of the Iranian people; not only fi-



World Affairs

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nancially, but also in terms of its legitimacy as a political system.

It is too early to say what the long-term impact will be, but it is certain that the Iranian protests have created a negative psychological impact on the legitimacy of theocracy. There may be some who will try to spin the story, claiming that the people of Iran still support theocracy and their beef is only with the election and Ahmadinejad.

These spinners either do not understand Iranian culture or seek to paint a favourable picture for their own sakes. One can say with certainty that the Iranian people tried to manage this evolution leaving some wiggle room for Ayatollah Khamenei, the supreme leader. But, as of June 26, the gloves were off. With the supreme leader showing no restraint, people started chanting "death to Khamenei," a sign of the significant realization that they could even go further and let the world know what they really want: the abolition of theocracy in Iran.

Whether the brave people of Iran will be successful in their aspirations to live without theocratic rule remains to be seen. However, it can be said with certainty that their efforts have changed the face of the theocracy movement in Iran and globally.

Oliver Javanpour is a public policy and international relations consultant in Ottawa.

Summertime and the nostalgia for camp



Values, Ethics, Community

Mira Sucharov

was to the tune of Cat Stevens' "Moonshadow."

"Arba banot tze'erot vechamudot, yaldei yareach (four cute, young girls ... moonchildren)," our counsellors, Gayle and Rhonda, sang to their four proxy kids from Winnipeg's River Heights neighbourhood. Twenty-three years later, I soothed my infant daughter with those Hebrew lyrics, hoping to instil a bit of her mother's Manitoba memories in her.

At age 10, "Greased Lightning," and at age 11, "Heartbreak Hotel." And so it went.

The 10 months sandwiched between camp summers were devoted to devising lists of the ultimate song tunes, team names, and Maccabiah *hatzagah* (play) ideas, each intended to honour – by hopefully surpassing, but rarely succeeding – the creative offerings of the past.

A coveted afternoon at camp was one spent transcribing song lyrics onto Gestetner stencils, a job that allowed a leisurely perusing of the files – that dog-eared evidence of old cabin songs, play scripts and names of Maccabiah teams, players and judges dating back to the camp's founding in 1953.

No sooner had I settled into my sheet-doored room during my first year as a counsellor, I glanced at the wooden

cabin wall and saw my father's name graffitied in capital letters, along with the 13 years he attended – 1957 being conspicuously absent, it being the one summer my Baba Rosie inexplicably forbade him to go. (The next year, he used his Bar Mitzvah gift money to help pay his way.) Annual attendance was a proud legacy for Massadniks.

Of course, camp also brought my first kiss – behind the *refet* (barn) and involving at least one set of braces – my first playing of an all-Hebrew Tom Sawyer and Lady Macbeth, my first musical arrangement, my first co-ed hair-washing (with Body on Tap shampoo), my first game of Hearts, my first macramé, my first use of the Yiddish term *kenahora*, my first lost voice, my first installing of stage lights, my first time climbing scaffolding, my first thimble of Manischewitz wine, my first all-nighter – writing the plays and songs that would prefigure academic essays years later, and the memorization of almost all the verses to Don McLean's "American Pie." (English songs were surreptitiously allowed only on overnights. The rest of the time, we were limited to our constructed Hebrew ditties, Israeli folk anthems and morning *tfilah*.)

And lots and lots of nostalgia.

While societies can encourage nostalgia to shore up political identity (witness Douglas Coupland's *Canada House* showcasing 1960s Canadiana), at Massad we were unabashedly wistful for bygone times. Armed with permanent markers, we proudly declared our presence across the yellow walls of the *ulam ben tzvi* to note our personal part in a lineage of Hebrew-loving campers enjoying each summer as if it were our last.

Mira Sucharov, an associate professor of political science at Carleton University, is currently writing a book on nostalgia and political change.

Morris overlooks Israeli impediments to a two-state solution

**One State, Two States:
Resolving the Israel/Palestine Conflict**
By Benny Morris
Yale University Press 2009
Hardcover
256 pages

As the Israeli-Palestinian peace process continues to proceed on its tired and bloody course, we increasingly hear calls for a binational or one-state solution, particularly from some segments of the Palestinian community and their supporters. Given the Jewish and Palestinian birthrates, such a state – which would extend from the Mediterranean Sea to the Jordan River – would soon cease to have a Jewish majority. Such a solution would effectively render the notion of a Jewish State moot. Not surprisingly, mainstream Jewish communities throughout the Diaspora, as well as almost all Israeli Jews, vehemently reject this proposal. In *One State, Two States*, renowned Israeli historian Benny Morris sets out to trace the history of the one-state idea among Israelis and Palestinians, and concludes with his call for a two-state solution.

Morris's earlier work focused on unearthing Israel's role in helping to displace some 800,000 Palestinians from historic Palestine during the 1947-49 conflict, which effectively created what became known as the Palestinian refugee problem. Long a darling of the Israeli left, Morris was widely viewed as uncovering hard truths and, academically, was counted among Israel's revisionist or new historians.

While not retreating from his call for the establishment of a

Palestinian state, Morris has, in recent years, shifted his stance about Israel's actions in the years leading up to 1948. In a 2004 interview, Morris told the Israeli daily *Ha'aretz* about David Ben-Gurion's implicit policy of transfer of the Palestinian population of our pre-1948 Israel and said of the policy that "Ben-Gurion was right. If he had not done what he did, a state would not have come into being." In that same interview, Morris spoke of Israel's Palestinian citizen minority – commonly known as *Arab Israelis* – as a "potential fifth column."

His latest book is a slim volume. The subtitle, *Resolving the Israel/Palestine Conflict*, is ambitious, but his treatment feels rushed. In the book, Morris shows that elements of the Zionist movement, such as Brit Shalom, which counted among its members Judah Magnes and Martin Buber, and, later, the Hashomer Hatzair movement, entertained ideas of a one-state solution in the early years of Zionist settlement. But, with the 1947 United Nations resolution to partition Palestine into one state for the Jews and another for the Arabs, the idea of a Jewish State took hold firmly within the *Yishuv*, with Israelis never looking back.

By contrast, he argues, the Palestinian leadership – both Fatah and Hamas – has never really given up on a one-state solution, despite their, and much of the international community's, claims to the contrary. He traces the path of the peace process over the last decade, giving an account of Palestinian maximalism versus Israeli accommodation.

Morris relies on mainstream accounts – mostly American and Israeli – for his version of Camp David 2000, stating that Palestinian-written accounts are non-existent. There doesn't seem to be an attempt to interview anyone on that side directly, Arafat's death notwithstanding. Other scholars – such as Jeremy Pressman – have written more detailed ac-

Book Review

Mira Sucharov

counts, showing that mainstream American and Israeli narratives of Palestinian rejectionism at Camp David are not entirely true. While Morris briefly mentions there is some disagreement on these points, he does not address these versions directly. He also glosses over the 2001 Taba Conference, though observers of the region have long known that the two sides came closest to a workable agreement there than ever before – or since.

The book suffers from a major blind spot by ignoring a deep and serious consideration of the settlements. Morris is quick to dismiss those who claim that the West Bank settlements have rendered a two-state solution moot. He cites Israel's 2005 Gaza withdrawal as proof that Israeli settlements can be uprooted handily, and that the Palestinians (under Hamas) simply responded with violence anyway. Morris fails to talk about Israel's continued control over Gaza's borders and electricity grid since that withdrawal. He also fails to distinguish the differences in the symbolic importance of Gaza and the West Bank in the settlers' imagination.

The book is deeply pessimistic and, at times, cynical, emphasizing the Arab "mindset" as being fundamentally opposed to Israel. He also notes that elements within Israel – including Russian immigrants and the Sephardic population – are not fans of co-existence either. Still, Morris has not totally lost hope in a two-state solution and proposes that any future Palestinian state be linked to Jordan in some sort of confederative arrangement. More attention to the fundamental power differential between Israel and the Palestinians, particularly given that one has a state and the other doesn't, as well as to Israel's government (in recent weeks we have seen Prime Minister Benjamin Netanyahu declare his acceptance for a demilitarized Palestinian state, a condition that will make it unlikely to be accepted) would make this book a more reasoned read.

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A unique look into Rashi's world

Elvina's Mirror

By Sylvie Weil

Jewish Publication Society 2009

164 pages. Ages 10 and up.

Originally published in French and translated into English by its author, the historical novel *Elvina's Mirror* contains a rich cast of characters, some real, others fictional. The historically real characters, including the book's protagonist Elvina, are all members of the family of one of our greatest biblical and talmudic scholars, Solomon ben Isaac, better known by the acronym of his Hebrew name, Rashi.

Rashi was born in Troyes, France in 1040 and died there in 1105. Before opening his own yeshiva in Troyes, Rashi studied at the great German yeshivas in Mainz and Worms. I mention that because his personal knowledge of, and respect for, those Jewish communities and their sages is an underlying theme in *Elvina's Mirror*. A much more obvious theme is its unique look into Rashi's world one year after the Crusaders spared the Jews of Troyes in 1096, but destroyed the Jews of Mainz and Worms.

Although *Elvina's Mirror* is the second book in Sylvie Weil's *Elvina Trilogy*, readers can get into it without having read the first book. This is because Weil provides a brief summary of the first book and because, except for the relationship between Elvina and the fictional character Gauthier, a Christian knight, the story stands alone.

Elvina, a brilliant, spirited, friendly and kind 14-year-old, is Rashi's eldest granddaughter. Unlike other girls of her time, Elvina can read and write Hebrew, is allowed to sit in on Obadiah's classes for the boys, albeit on a special stool at the back of the room, and, within the bounds of Rashi's teachings, thinks for herself.

So, it is no surprise that, when a strange new family moves into the Jewish quarter in the spring of 1097, Elvina befriends their daughter Columba while everyone else shuns the family. Why the shunning? Because, rather than dying at the hands of the Crusaders in Germany, this family accepted baptism. Now they are returning to their Jewish roots.

Nor is it surprising that, when a deathly illness befalls many of the Jewish children, Elvina refuses to believe it is because Rashi has allowed this family to settle in his community. Even when Elvina accidentally discovers the family's ugliest secret, her sole desire is to help. But how? By calling her prized possession, a mirror that can see into the future, by administering



Kid Lit

Deanna Silverman

herbal and other medicines, or by other means?

Compassionate, hardworking, dedicated to putting her grandfather's teaching into practice, Elvina is almost too good to be true. But it is precisely because of Elvina's strength of character that readers will stay with this seemingly slow moving story that overflows with superstitious beliefs, herbal concoctions, strange happenings and unlikely friendships.

I say 'seemingly slow moving' because the various strange happenings – animals whose throats have been cut mysteriously appearing thin margins of parchment with worrisome biblical quotes, and a stolen mirror – might appear to be totally unrelated. But, are they? For some reason, Rashi wants word of them kept as secret as possible. And then, when the nearby church catches fire on Erev Shabbat, Rashi orders the Jewish men and boys to break their Shabbat rest and fight the fire lest this be the disaster Gauthier warned might befall this Jewish community.

Although I found *Elvina's Mirror* an engaging book, I also found it unsettling because of the abundance and power of its superstitions. But, that is really as it should be because it portrays Judaism and its Jews at both their best and worst, which is to say as both the Judaism of Rashi and as products of their time.

Part mystery story, part story about the times, at its core, *Elvina's Mirror* celebrates relationships: Rashi's relationships with his family, his students, his community and the wider world of medieval Jewry; Elvina's relationships with Rashi as teacher and grandfather; with her family, with her friends, with Gauthier and with Obadiah; and the Troyes Jewish community's precarious relationship within itself and with the non-Jewish world.

Of special interest was reading about the hustle and bustle of the preparations of Rashi's family for, and its celebration of, Pesach back in 1097. *Oy Vey!*

In sum, *Elvina's Mirror* is an exceptional novel for young

ELVINA'S MIRROR



By Sylvie Weil

adult readers, or anyone else, interested in the daily lives of Rashi and medieval Jews, of their superstitions and the faint beginnings of women's liberation. Or, for those who just want to read something different.

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Mazal Tov!

Graduates
with Distinction!



Galya Schwartz graduated from the University of Guelph and was awarded a Baccalaureate in Science Honours Program "With Distinction." Galya has been accepted into the Ontario Veterinary College and will begin her Doctorate of Veterinary Medicine in the fall. We are so proud of you, Eric, Elayne and Mitch and grandmother Brenda Wolf.

Called to the Bar

Mazal tov to our son Daniel Taylor who was called to the Bar of Ontario, June 17, 2009. Daniel will be working at Perley-Robertson, Hill & McDougall, Ottawa, Ontario. We are all very proud of your accomplishment, Corinne, Sheldon and brothers Jonathan, Andrew and family.

Engaged!

Helen and Chaim Gilboa are pleased to announce the engagement of their daughter Tal to Robert Steiner. Wedding to take place August 25 in Montreal.

TAMIR Judaic Outreach Programs

July - August 2009

Alison Caplan, Judaic Administrative Assistant • 613-725-3519

Adele Horwitz, Judaic Program Leader • 613-592-8365

Date

Program

Place

Time

Friday
August 7

Community Shabbat
RSVP Alison Caplan

Contact Alison Caplan
for details

5:30 – 7:30

The Judaic Studies Program will be closed
for the summer break in July and August.
The Community Shabbat date is outlined above.

Look for the fall Judaic Outreach Schedule
coming to you in August.



The bread freaks challenge

Several months ago, I was doing research for a column and stumbled across a web site – pinchmysalt.com – written by a woman in San Diego named Nicole.

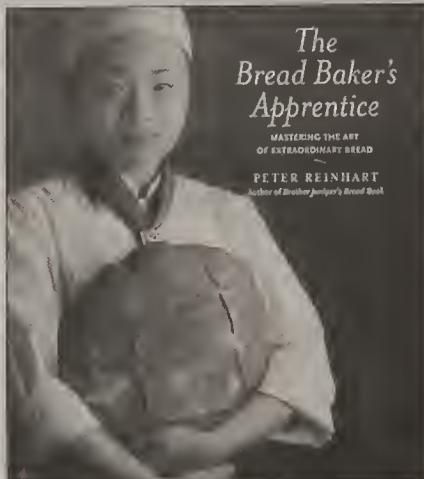
"Do you want to bake some bread?" she asked. "How about a lot of bread? How about every single recipe in Peter Reinhart's outstanding book, *The Bread Baker's Apprentice*? Well, I have challenged myself to do just that, and I'm inviting you to join me!"

The next thing I knew, I was e-mailing Nicole to tell her to count me in. Ordinarily, I'm not a goal-oriented person and the thought of joining any group usually makes me shudder. But, for some reason, I was drawn to this challenge. I have several bread baking books on my cookbook shelf, but have never got around to baking anything other than challah. I have always wanted to learn to bake amazing baguettes, ciabatta bread and other artisan breads, but just never got around to it. It always seemed like such an ordeal. This was just the kick I needed.

It seemed like a simple exercise. We would go through the book in alphabetical order and bake one bread each week, for 42 weeks, beginning with Anadama bread and ending with whole wheat. Within two weeks, there were 216 crazy people from all over the world who, just like me, had decided their life would not be complete if they failed to bake their way through this book.

Our main way of keeping in touch is through a Google group, *Bread Bakers Apprentice Challenge* (tinyurl.com/breadbakers). Before May 7, I did not even know what a Google group was. For the uninitiated, Wikipedia defines them as "a free service from Google where groups of people have discussions about common interests. Internet users can find discussion groups related to their interests and participate in threaded conversations." The titles of some of our conversation threads include:

- Let's talk ciabatta
- Post your cinnamon buns here
- "Proof it to me"
- Sourdough the easy way
- Burning calories while kneading
- Bagel failure



Made with Love

Cindy Feingold

on art, photographs, sketches, videos, music and audio (podcasting)."

What had I got myself into? These were serious food people with their own web sites. As I perused some of their blog entries, I became somewhat jealous. I wanted to start a food blog too. I could do this! The next day, as I baked our second bread, I took my camera into the kitchen and shot every step of baking Artos, a Greek celebration bread. By the end of the day, I was sweating and my camera was covered in flour. But I was so proud. That night, I began researching blogs and, within 48 hours, I had my very own blog set up with my first post, complete with photos.

Wow, what has come over me? Not ordinarily a goal setter, joiner or a competitive person, here I am on this manic bread baking journey.

We are now into our seventh week and I am amazed at how much fun I am having and how much I am learning about bread and new technology. Twice a day, I receive e-mail updates from our Google group and follow along in the conversation threads soaking up new bread baking tips like a sponge. This is a very knowledgeable group. I am even making a few new cyber-friends. My real friends find this hilarious.

My children mocked me when they heard I was participating in this challenge. They told me I really needed to get a life. My son began referring to Reinhart's *The Bread Baker's Apprentice* as "The Bread Freaks Bible." However, we are now several weeks into the challenge and they stopped making fun of me after they ate homemade cheddar jalapeno bagels. With the promise of cinnamon buns on the horizon, they are positively sweet to me!

The Bread Baker's Apprentice is available at Chapters and is an amazing resource book for anyone who is thinking about baking bread. Reinhart's instructions are easy to follow and include step-by-step photos. For those who are interested in following along with my adventures, check out my food blog at soltandserenity.com. Feel free to leave a comment or question on my blog to let me know what you think and what you've been baking lately.

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We are also sharing photos of our finished breads on Flickr, a photo-sharing web site. Some of the group members are also communicating through Twitter. While still in the initial throes of excitement when I first joined the challenge, I also signed up on Twitter. Within 24 hours, there were 14 people following me – but, sadly, I had nowhere to lead them. I am still not sure what this whole Twitter thing is and every time I get an e-mail saying another person is following me I look nervously over my shoulder.

I baked my first bread, Anadama, a cornmeal molasses bread, on May 12. I logged onto our Google group and under the conversation thread, *Post your Anadama Bread links here*, told the group I had made my bread and they could see pictures of it on Flickr. While on our Google group, I decided to check out what other group members were up to. I was blown away. Many of the participants had their own food blogs and told a whole story with photos about their Anadama adventure.

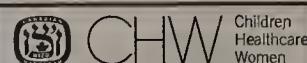
I had heard of blogs, but didn't really understand the whole concept. According to Wikipedia, "A blog (a contraction of the term "weblog") is a type of website, usually maintained by an individual with regular entries of commentary, descriptions of events, or other material such as graphics or video. 'Blog' can also be used as a verb, meaning to maintain or add content to a blog."

"Many blogs provide commentary or news on a particular subject; others function as more personal online diaries. A typical blog combines text, images and links to other blogs, web pages, and other media related to its topic. The ability for readers to leave comments in an interactive format is an important part of many blogs."

"Most blogs are primarily textual, although some focus



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Did you know about these awards, milestones and new experiences?

Awards, milestones, new experiences and reaching out to those in need stand out in this month's events worth noting. We should be very proud of our community's youth, whose intellectual and physical accomplishments deserve recognition and a hearty Mazal Tov!

My thanks to everyone who has kept me informed. Keep it coming! If you know something that we all should know, tell me – so I can tell the community. E-mail me at didyouknow@ottawa@gmail.com.

Danielle Klein, a Grade 11 student at Sir Robert Borden High School, won second place and a \$500 scholarship in an essay contest for North American high school students sponsored by MERCAZ-Canada, MERCAZ-USA and the Women's League for Conservative Judaism.

Nine Yitzhak Rabin High School students participated in the Jewish-Canadian Model United Nations Conference in Montreal. Adam Sandinsky and Tami Finkelstein were named the top delegates of their committees, and Simcha Walfish received an honourable mention. Other delegates included Adina Steinman, Michaela Sadinsky, Elishua Ben-Choreen, Ben Kershman, Jon Golub and Atara Messinger.

Leah Vininsky-Oakes, a 17-year-old reservist with 30th Field Regiment, recently completed her Basic Military Qualification (BMQ) course. This physically and mentally demanding training program taught her basic soldier's skills. Proud parents, Elaine Vininsky and Andrew

Oakes, watched the graduation parade at the Cartier Square Drill Hall.

Rhonda and Richard Waserman are living a baby boomer's dream. They sold everything, said farewell to Ottawa's long winters and way-too-short summers and moved to Eleuthera, Bahamas, where they are the proud owners of the seven-room Rainbow Inn. It's hard work being innkeepers, but they love their new lifestyle. Son Zev and his Australian fiancée, Mish, who will be married in Eleuthera next spring, help to run the hotel and the newly opened steakhouse. Daughter Eve is still in Ottawa, but visits often.

Unfortunately, Rhoda Levitan and Stacey Seller discovered that a support group for Jewish women with cancer did not exist, so they decided to start one. Anyone – newly diagnosed or dealing with *narmal* life after treatment – interested in joining this group is welcome to contact Stacey at 613-226-5764 or Rhoda at 613-723-0888 or levitan5@rogers.com.

Here's a fun way to listen to music and support a good cause. On Wednesday, August 19, Ron Weiss' acoustic, funky, folky, Latin and rhythmic *Docweissband*, and Solly Patrontasch's rock and roll cover band, *Band 2*, are playing together at a fund raising concert at Greenfield's, 900 Greenbank Road (Barhaven). Proceeds from the \$10 cover charge will be going to the United Way and the Federation Campaign. Check out their music at apce.cam/docweissband and band2.ca.

Exercise is tough, but the naps are great

There is a line in Shakespeare's *Hamlet* spoken by the prince of Denmark himself, "Frailty, thy name is woman."

I think he got it wrong. Frailty is an old guy who falls asleep on the couch and twists his knee.

Actually, that was me who twisted the knee after I went down for a nap ("went down for a nap" – hmm sounds like I am talking about my grandchildren). Of course, I was napping because of the strenuous exercise I had done just hours before to help in losing some weight.

To make myself feel better about the twisted knee, I got up and made myself a peanut butter sandwich. Hence the need for more exercise tomorrow so that I can then lay down for a nap and do who knows what to my body. A sore back? A crick in the neck? Something.

This reminds me of the ancient story about a guy who pushes a rock up a hill, but, every time he gets near the top, it rolls back down again and he has to start over.

This is supposed to be a metaphor for the *human condition*. But I think it's really a metaphor for men of a certain age who go to the gym, work out, shvitz like you wouldn't believe, and then have a snack that has the same caloric value of whatever they just burned off. Who knew that men like me are so extensively discussed in literature?

Actually, I should tell you, I have to come to believe that there are two main reasons I do all that exercise. First, I get to take a lovely shower that rinses off all that stickiness and I come out feeling as refreshed as being reborn. And, second, I have an excuse to go home, lie down and take a nap.

Did I change the light bulb? No, of course not. I was too tired from my workout so I took a nap instead.

The other day, I went for a walk around the block and got a call on my cellphone from my son in Toronto. He wanted to tell me how he twisted his knee, but felt proud



Humour me,
please

Rubin Friedman

that he had figured out how he could swim as his workout without using his knees. Then I kvetched to him about my own knee. I wanted to train him for when he becomes an older gentleman like me.

During the phone call, we ended up talking about my grandchildren, life, the universe and everything. And the side-effect of the call? My right bicep felt so stiff from holding the cellphone up to my ear for 20 minutes that I felt like I'd lifted weights for an hour. I just had to go home and have a nap.

During my nap, I dreamed I was being twisted in knots by a famous wrestler and woke up with a sudden cramp in my left leg that I had to massage. My wife told me I was tossing and turning so much it looked like I was wrestling with a giant. I feel I now have a better understanding of Jacob who went to sleep with a rock for his pillow and woke up wrestling an angel. Fortunately, my cramp was not half as bad as his.

So I have mixed feelings about getting to the age that I can buy senior's tickets for the movies. I can feel just about every joint and sinew in my body and hear them creak when I move. The weight hangs around my middle like a girdle. The cramps in my arms and legs are painful. But the naps are great.



Did you
know?

Benita Baker

apce.cam/docweissband and band2.ca.

Stephen Greenberg was named Community Builder of the Year by United Way. In addition to his work in the Jewish community, the consummate volunteer and philanthropist has been involved with the Boys and Girls Club, Ashbury College, the National Arts Centre Foundation and United Way.

Effective July 1, **Nathan Smith** and his partner Alain Desmarais, are the co-owners of the Ottawa operations of Cushman & Wakefield LePage. The new affiliate will operate as Cushman & Wakefield Ottawa.

Energetic and enthusiastic Soloway JCC aerobics instructor **Tracey Kornblum** is moving to Hamilton at the end of October. Her husband, **Dr. Jeff Pernica**, a pediatrician at CHEO, has been offered a position at McMaster Children's Hospital that was too good to turn down. Tracey, pregnant with her second child, is due in December.

Wedding anniversaries are always special, but living and loving together for more than half a century deserves a special mention. Mazal Tov to the following couples who are celebrating special wedding anniversaries this summer: **Irving and Ruth Aaron** (56 years); **Arnold and Faye Tennenhause** (60 years); **Alan and Phyllis Rackow** (55 years); **Joe and Blanche Osterer** (57 years); **Alvin and Diana Malomet** (54 years); **Julian and Elizabeth Szirtes** (57 years); **Stan and Libby Katz** (59 years); **Harry and Sally Weltman** (61 years); **Myron and Ruth Poplove** (58 years); **Ervin and Barbara Zilahi** (56 years).

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WHAT'S GOING ON

July 20 to August 16, 2009

For more community listings,
visit ottawa.planitjewish.com



WEEKLY EVENTS TUESDAYS

Israeli Folkdancing, learn dances, have fun, no experience necessary. Bandstand, Vincent Massey Park, 7:00 pm. Info: 613-722-9323.

WEDNESDAYS

Chill and Grill with Chabad, sponsored by the Chabad Student Network. Enjoy a delicious barbecue din-



CANDLELIGHTING BEFORE

Jul 24 ⚡ 8:22 pm
Jul 31 ⚡ 8:13 pm
Aug 7 ⚡ 8:04 pm
Aug 14 ⚡ 7:53 pm

ner, meet old friends and make new ones, 29 Gilmour Street, 6:00 pm. Info: 613-601-7701.



MONDAY, JULY 20
16th Annual JFO Golf Tournament, sponsored by the Jewish Federation of Ottawa, Rideau View Golf and Country Club, Manotick, 11:00 am. Info: 613-798-4696, ext. 241.

WEDNESDAY, JULY 22
Wonderful Wednesdays, sponsored by Jewish Family Services and Congregation Machzikei Hadas, topics: Controversial issues in the news with Prof. Gerry Cammy, 2310 Virginia Drive, 12:00 pm. Info: 613-521-9700.

THURSDAY, JULY 23
Lomir Reydn Yiddish

(Yiddish-speaking group), sponsored by Jewish Family Services, 2255 Carling Avenue, Suite 301, 10:00 am. Info: 613-722-2225, ext. 325.

SUNDAY, JULY 26
YAD Outdoor Adventure at Camp Fortune, sponsored by Young Adults Division of Jewish Federation of Ottawa, 11:00 am. Info: 613-798-4696, ext. 270.

TUESDAY, JULY 28
Ottawa Chamber Music Festival, sponsored by the Vered Israel Cultural Centre and the Embassy of Israel in Canada, featuring the Israeli Aviv Quartet, Dominion Chalmers United Church, 355 Cooper Street, 7:00 pm. Info: 613-798-9818, ext. 243. (also July 29 at noon).

WEDNESDAY, JULY 29
A Strawberry Social, sponsored by Jewish Family

Services, Maple Lawn Gardens, 529 Richmond Road, 2:00 pm. Info: 613-722-2225, ext. 325

THURSDAY, AUGUST 6
Na'amat Sweet Finale, a dessert evening celebrating the contributions of Na'amat women, open to all, 7:00 pm. Info: 613-526-2968.

SUNDAY, AUGUST 9
Tu b'av at the SJCC, co-sponsored with the Vered Israel Cultural Centre. Celebrate the Israeli Festival of Love at the outdoor pool of the SJCC, cocktails and live entertainment, 7:00 pm. Info: 613-798-9818, ext. 243.

MONDAY, AUGUST 10
Tamir Golf Funraiser, annual event in support of Tamir, Rideau View Golf and Country Club, Manotick, 11:00 am. Info: 613-725-3519, ext. 113.

COMING SOON

MONDAY, AUGUST 17

Marty Davis on Israel a Pluralistic Society – the future of the Jewish State, sponsored by the Vered Israel Cultural Centre, 7:00 pm.

Info: 613-798-9818, ext. 243.

THURSDAY, SEPTEMBER 10

Best of Hebrew U, sponsored by Canadian Friends of Hebrew University, Agudath Israel Congregation, 1400 Coldrey Avenue, 5:00 pm. Info: 613-829-3150.

SUNDAY, SEPTEMBER 13

Biking for Bubbles, a fundraiser in support of the Bess and Moe Greenberg Family Hillel Lodge. Start at Hillel Lodge and follow route, 8:00 am. Info: 613-727-1995.

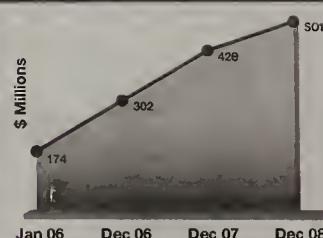
TUESDAY, SEPTEMBER 15

Jewish Federation of Ottawa Annual Campaign Kickoff, featuring Henry Winkler, a.k.a. "The Fonz," Centrepointe Theatre, 7:30 pm. Tickets: 613-580-2700. Info: 613-798-4696, ext. 255.

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private.

This information is taken from the community calendar maintained by the Jewish Ottawa InfoCentre. Organizations which would like their events to be listed, no matter where they are to be held, should send the information to InfoCentre co-ordinator Benita Slematycki via e-mail at bslematycki@jewishottawa.com or fax at 613-798-4695. She can also be reached by telephone at 613-798-4644. Accurate details must be provided and all events must be open to the Jewish public.

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Harry Thomas Middleman
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BULLETIN DEADLINES

JULY 29 FOR AUGUST 17

AUGUST 12 SEPTEMBER 7*

SEPTEMBER 2 FOR SEPTEMBER 21

SEPTEMBER 16 FOR OCTOBER 5

SEPTEMBER 30 FOR OCTOBER 19

OCTOBER 14 FOR NOVEMBER 2

OCTOBER 28 FOR NOVEMBER 16

*Community-wide issue (all dates subject to change)

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